

Name	Phone Number

NARCOTICS ANONYMOUS



CONNECTICUT

MEETING LIST

NOVEMBER 2019

SUGGESTIONS

Avoid People, Places, and Things You Used With or At

Come Early and Stay Late

Don't Use and Go to Meetings

Get and Use a Sponsor

Get a Home Group

Go to 90 Meetings in 90 Days

Use the Phone

Keep Coming Back, It Works

Get Involved In Service

Meetings Weekly: 274

THE TWELVE STEPS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

THE TWELVE TRADITIONS

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Meeting Format Legend

BST	Beginners Step	BT	Basic Text
C	Closed	CL	Candlelight
DC	Childcare	ES	Español
FD	Five and Dime	GP	Guiding Principles
HIV	HIV	IG	Introductory Guide
IP	Informational Pamphlet	IW	It Works -How and Why
JFT	Just for Today	K	Keytags
LC	Living Clean	LGBT	LGBT
M	Men	O	Open
Pi	Pitch	RF	Rotating Format
RF	Rotating Format	S	Speaker/Discussion
ST	Step	SWG	Step Working Guide
T	Tradition	To	Topic Discussion
W	Women	WC	Wheelchair
YP	Young People		

ANSONIA

Sat 7:00PM Feeling Free, Holy Rosary Church, Bingo Hall, 10 Father Salemi Drive, Ansonia, CT, 06401 (LC,O,K,WC)

BLOOMFIELD

Mon 7:00PM New Bridge Over Troubled Waters, First Congregational Church, 10 Wintonbury Avenue, Bloomfield, CT, 06002 (ST,O,T)

BOLTON

Tue 7:30PM No Other Way, Bolton United Methodist Church, Route 44, 1041 Boston Turnpike, Bolton, CT, 06043 (To,O)

BRANFORD

Mon 7:30PM Spiritual Thunder, First Baptist Church, 975 Main Street, Branford, CT, 06405 (To,O)

Wed 8:00PM On The Green, Trinity Episcopal Church, 1109 Main Street, Branford, CT, 06405 (O,To) *Speaker on the last Wednesday of each month*

BRIDGEPORT

Sun 6:00PM Open Arms, Bethel AME Church, Corner of Laurel Street, 110 Grove Street, Bridgeport, CT, 06605 (JFT,K,O,To)

Mon 7:30PM Libertad, 665 Artic Street, Bridgeport, CT, 06608 (RF)

Mon 7:30PM Libertad (Freedom), Areyto Apartments Community Room, Community Room, 665 Artic Street, Bridgeport, CT, 06608 (O,K,To,ES)

Mon 7:30PM West Side Story, Bethel AME Church, Corner of Laurel St., 110 Grove Street, Bridgeport, CT, 06605 (To,S,O,K)

Tue 7:30PM Principles Before Personalities, Golden Hill Methodist Church, Corner of Lafayette St., 210 Elm Street, Bridgeport, CT, 06604 (O,ST)

Wed NOON Same Meeting New Day, The Bessemer Center, Use back entrance, 2200 North Avenue, Bridgeport, CT, 06604 (JFT,O)

Wed 7:00PM New Hope, CCAR, 35 Courtland Street, Bridgeport, CT, 06604 (To,O,S,WC)

Wed 7:30PM Libertad (Freedom), Areyto Apartments Community Room, Community Room, 665 Artic Street, Bridgeport, CT, 06608 (O,S,RF,LC,ES)

Thu 7:00PM East Side Story, Golden Hill United Methodist Church, 210 Elm Street, Bridgeport, CT, 06604 (LC,O)

Fri NOON Recovery on North, The Bessemer Center, 2200 North Avenue, Bridgeport, CT, 06604 (K,O,T,ST)

Fri 7:00PM Stepping into the Traditions, CCAR, 35 Courtland Street, Bridgeport, CT, 06604 (T,ST,WC,O)

Sat 7:00PM Success Downtown, CCAR, 35 Courtland Street, Bridgeport, CT, 06604 (WC,O,To,K)

BRISTOL

Sun 10:30AM Early Stepping, Bristol Recovery Club, Rear Entrance, 67 West Street, Bristol, CT, 06010 (S,O,BST)

Sun 6:00PM Principles Before Personalities, Bristol Baptist Church, 43 School Street, Bristol, CT, 06010 (ST,K,O,W,S)

Sun 7:00PM Sunday Night Surrender, United Methodist Church, Corner of Church St., 99 Summer Street, Bristol, CT, 06010 (IP,O,S)

Mon 7:30PM Monday Night Miracles, Asbury United Methodist Church, Forestville, 90 Church Avenue, Bristol, CT, 06010 (O,S,To)

Tue 7:30PM Stop-N-Recover, Bristol Recovery Club, 67 West Street, Bristol, CT, 06010 (WC,O,ST,To,S,K)

Wed 7:00PM Not Alone, Bristol Baptist Church, 43 School Street, Bristol, CT, 06010 (To,WC,S,K,O)

Thu 7:00PM Living Clean, United Methodist Church, 99 Summer Street, Bristol, CT, 06010 (LC,O) *Speaker Last Thursday of The Month*

Fri 7:00PM Friday Night Freedom, United Methodist Church, Corner of Summer and Center, 99 Summer Street, Bristol, CT, 06010 (S,O,K,To)

BROOKFIELD

Wed 7:30PM Miracles Under the Stars, St. Marguerite Bourgeoys Church, 138 Candlewood Lake Road, Brookfield, CT, 06804 (JFT,WC,LC,O)

CANAAN

Sun 8:00PM Exactly Where You Need To Be, St Joseph's Church, 2 E Main Street, Canaan, CT, 06018 (S)

Thu 6:00PM Living Clean The Journey Continues, Congregational Church, Pilgrim House, 30 Granite Avenue, Canaan, CT, 06018 (LC,O)

COVENTRY

Thu 7:30PM Spiritual Sisters, Second Congregational Church, 1746 Boston Turnpike, Coventry, CT, 06238 (W,O,ST,SWG) *Step Writing 1st Half, Open Discussion 2nd Half*

WINDSOR LOCKS

Sun 10:00AM Sanity on Sunday, Windsor Locks Senior Center, 2nd Floor Speak every 2nd Sunday of the month, 41 Oak Street, Windsor Locks, CT, 06096 (To,O,S)

Mon 7:00PM Locked in Recovery, Congregational Church of Windsor Locks, 8 Main Street, Windsor Locks, CT, 06096 (IP,S,O,WC,To)

WINSTED

Fri 7:00PM More Good Times Ahead, Church of Christ, 800 Main Street, Winsted, CT, 06098 (JFT,O,WC,IP,K)

WOLCOTT

Sun 4:30PM Young, Serene & Living Clean, W.A.L.C. (Wolcott Activities and Learning Center), 48 Todd Road, Wolcott, CT, 06716 (K,WC,YP,S,O,To)

WOODBIDGE

Sat 10:30AM Southern Exposure, Our Lady of the Assumption, Rt. 69, 1700 Litchfield Turnpike, Woodbridge, CT, 06525 (K,BT,T,O)

WOODBURY

Tue 7:30PM Recovery in the Woods, North Congregational Church, Rt. 6 and Rt. 47, 11 Main Street North, Woodbury, CT, 06798 (To,O,K,BT)

WALLINGFORD (CONT)

Fri 12:30PM Living Clean Midday, First Congregational Church, 23 South Main Street, Wallingford, CT, 06492 (C,LC)

Fri 7:30PM Recovery on Track, St. Paul's Episcopal Church, 65 North Main Street, Wallingford, CT, 06492 (S,WC,To,O)

Sat 5:00PM Weekend Warriors, First Congregational Church, Community Rm Next Door in the Back, 23 South Main Street, Wallingford, CT, 06492 (WC,LC,S,O,K)

WATERBURY

Sun 10:00AM A Fresh Start, West Main Behavioral Health Center, Basement, 88 Grandview Avenue, Waterbury, CT, 06708 (O,S,To,K)

Mon 7:00PM Unity Group, Frost Homestead Center, Red Building, 16 Mortimer Street, Waterbury, CT, 06705 (HIV,K,C,WC,S,To)

Mon 7:30PM Recovery in the East, Saints Peter and Paul Church, 117 Southmayd Road, Waterbury, CT, 06705 (RF,O)

Tue 10:30AM Carpe Diem, St. John's Episcopal Church, On The Green, 16 Church Street, Waterbury, CT, 06702 (BST,WC)

Tue 7:00PM Breaking the Chains, Frost Homestead Center, Red Building, 16 Mortimer Street, Waterbury, CT, 06705 (C,HIV,WC,K,To)

Wed 7:00PM Recovering Women, North End Recreational Center, 268 North Main Street, Waterbury, CT, 06704 (O,K,W,IP,S)

Wed 7:30PM It's a Boy, Morris House, 26 North Elm Street, Waterbury, CT, 06702 (M,JFT,K,O,S)

Thu 7:00PM Stairway to Recovery, West Main Behavioral Health Ctr., Basement, 88 Grandview Avenue, Waterbury, CT, 06708 (ST,O)

Fri 6:00PM Friday Freedom on Cole, Saint Mary's Grammar School, 43 Cole St, Waterbury, CT, 06706 (LC,IW,To,RF,O,S,ST)

Sat NOON Hope by The Green, St. Mary's Grammar School, Main Entrance by the pre-K School, 43 Cole Street, Waterbury, CT, 06706 (RF,To,T,WC,S,O,ST) *Parking in the Back of School/ Open Meeting/Fifth Saturday of Month/Speaker*

Sat 7:00PM Saturday Night Survivors, Zion Baptist Church, 137 Pearl Street, Waterbury, CT, 06704 (BT,O)

WESTBROOK

Wed 9:30AM Three Steps Forward, Westbrook Congregational Church, Parlor, 1166 Boston Post Road, Westbrook, CT, 06498 (O,BST)

Fri 6:30PM Five & Dime, St. Paul's Episcopal Church, 53 South Main Street, Westbrook, CT, 06498 (O,FD)

WEST HARTFORD

Fri 7:30PM You're Right Where You're Supposed to Be, Elmwood Community Church, 26 Newington Road, West Hartford, CT, 06110 (To,O) *Speaker on Last Friday of Each Month*

WEST HAVEN

Tue 6:30PM We Are A Family, Church of the Holy Spirit, 28 Church St, West Haven, CT, 06516 (DC,O,To)

Wed 8:00PM Over the Hump, VA Medical Center Bldg. 1, 2nd Fl. Cafeteria, 950 Campbell Avenue, West Haven, CT, 06516 (BST,WC,O,S)

Thu 8:00PM The Other Thursday Night, Church of the Holy Spirit, 28 Church Street, West Haven, CT, 06516 (RF,O) *Speaker on the last Thursday of each month*

WESTPORT

Thu 7:30PM Survivors, Saugatuck Congregational Church, Rear Entrance, 2nd Floor, Room 206, 245 Post Road East, Westport, CT, 06880 (O,To)

WETHERSFIELD

Tue 7:00PM Pure and Simple, United Methodist Church, 150 Prospect Street, Wethersfield, CT, 06109 (O,S,ST)

WILLIMANTIC

Mon 7:00PM There is Hope, CCRAR, Corner of Church St., 713 Main Street, Willimantic, CT, 06226 (JFT,O)

Tue 7:00PM Tuesday Night Candlelight Meeting of NA, Windham Recovery Community Center, 713 Main Street, Willimantic, CT, 06226 (WC,RF,O)

Thu 7:00PM The Way We Walk, Windom Recovery Community Center, 713 Main Street, Willimantic, CT, 06226 (ST,O)

Sat 10:30AM Women Taking Steps, Windham Mills Business Center, Entrance near DCF parking, 322 Main Street, Willimantic, CT, 06226 (W,C,ST)

WINCHESTER

Tue 7:30PM Free at Last, Winchester Center Congregational Church, Rt. 263 and Newfield Rd., 0 West Road, Winchester, CT, 06094 (WC,IW,O,K)

CROMWELL

Wed 7:30PM All About Change, Bethany Lutheran Church, 50 Court Street, Cromwell, CT, 06416 (K,O,To,WC) *Speaker on the last Wednesday of each month*

DANBURY

Tue 7:00PM Starting Over, Community of the Cross Church, 7 Madison Avenue, Danbury, CT, 06810 (ST,To,O)

Wed 7:00PM Back To Life, Fellowship Center, 15 Great Pasture Road, Danbury, CT, 06810 (BST,O)

Thu 7:30PM You're Never Alone, Sacred Heart Educational Center, Gym, 17 Cottage Street, Danbury, CT, 06810 (T,ST,S,O,WC)

Fri 7:30PM Recovery Is Possible, Sacred Heart Educational Center, 17 Cottage Street, Danbury, CT, 06810 (RF,To,LC) *Alternates each week between Living Clean Text Study & Popsicle Stick meeting*

Sat 7:30PM The Real Deal, United Methodist Church, 5 Clapboard Ridge Road, Danbury, CT, 06811 (S,O,To)

DANIELSON

Tue 7:00PM Get Clean or Die Trying, United Methodist Church, 9 Spring Street, Danielson, CT, 06239 (S,O)

Wed 6:30PM Finding the Way, Cornerstone Baptist Church, 247 Broad Street, Danielson, CT, 06239 (ST,BT,O,S,To)

Thu 7:00PM Get Clean or Die Trying, United Methodist Church, 9 Spring Street, Danielson, CT, 06239 (IG,O)

DEEP RIVER

Wed 7:30PM More Will Be Revealed, Deep River Congregational Church, 1 Church Street, Deep River, CT, 06417 (O,JFT,K)

EAST HAMPTON

Mon 7:30PM After the Weekend, Bethlehem Lutheran Church, Corner of Rt. 66 and Main St., 1 West High Street, East Hampton, CT, 06424 (K,O,WC,To) *Speaker on the last Monday of each month*

EAST HARTFORD

Tue 6:00PM Wings of Freedom, Pratt & Whitney Union Hall, 357 Main Street, East Hartford, CT, 06118 (O,To)

Wed 7:30PM Between the Covers, South Congregational Church, 1301 Forbes Street, East Hartford, CT, 06118 (M,O,To,ST,BT,K)

Fri 7:30PM To Carry the Message, New Covenant United Methodist Church, 16 Church Street, East Hartford, CT, 06108 (To,WC,S,O,K,DC) *7:30-9:00pm Last Friday/Mo.*

EAST HAVEN

Tue 7:30PM Outer Limits, Christ & the Epiphany Church, 39 Park Place, East Haven, CT, 06512 (S,O,K,To)

ENFIELD

Tue 7:30PM Monkeys with an Itch, St Patrick's church, 64 Pearl St, Enfield, CT, 06082 (WC,S,O,K,To,ST) *Speaker last Tuesday/Mo.*

Wed 7:30PM We Can Work It Out, St. Patrick's Church, 64 Pearl Street, Enfield, CT, 06082 (ST,O)

Fri 10:00AM Waking Up, St. Patrick's Church, 64 Pearl Street, Enfield, CT, 06082 (K,BST,O)

Sat 7:00PM Planet Recovery, St. Patrick's Church, Downstairs 1st Floor, 64 Pearl Street, Enfield, CT, 06082 (LC,C)

ESSEX

Mon 7:00PM Steps on the Hill, First Congregational Church, Street Entrance, 6 Methodist Hill, Essex, CT, 06426 (SWG,O,To,WC)

FAIRFIELD

Sun 10:30AM Recovery on Park Avenue, Sacred Heart University, Room HC 202, 5151 Park Avenue, Fairfield, CT, 06825 (O,WC,To)

Tue 7:00PM Primary Purpose, Holy Family School, Room 10, 140 Edison Avenue, Fairfield, CT, 06825 (O,RF,K)

Wed 7:30PM Free as an Eagle, Our Lady of the Assumption Church, 545 Stratfield Road, Fairfield, CT, 06825 (To,K,S,O)

GLASTONBURY

Wed 7:30PM Recovery by the River, St. James Episcopal Church, 2584 Main Street, Glastonbury, CT, 06033 (K,To,O,S)

Thu 7:30PM The Process is in the Book, Glastonbury United Methodist Church, Rt. 83, 508 Manchester Road, Glastonbury, CT, 06033 (ST,O)

GUILFORD

Sun 1:00PM New Day New Way, First Congregational Church, Route 77, 122 Broad Street, Guilford, CT, 06437 (O,S,WC,To)

Thu 7:30PM The Lie is Dead, First Congregational Church of Guilford, 122 Broad Street, Guilford, CT, 06437 (BT,ST,O)

Fri 7:30PM Clean on The Green, St. George's Catholic Church, 33 Whitfield Street, Guilford, CT, 06437 (O,JFT)

HAMDEN

Wed 7:30PM Stepping Stones to Recovery, Spring Glen Church, Corner of Whitney Ave., 20 Glen Parkway, Hamden, CT, 06517 (JFT,O)

HARTFORD

Sun 10:30AM Honesty in Reality, Hartford Hospital Amphitheater, Corner of Jefferson, 560 Hudson Street, Hartford, CT, 06106 (O,S,To,WC)

Sun 6:00PM Y Are We Here, Trinity Church, 120 Sigourney Street, Hartford, CT, 06105 (O,To,WC,S)

Tue NOON Just Do It, United Methodist Church, Corner of South Whitney, 571 Farmington Avenue, Hartford, CT, 06105 (O,To)

Tue 7:00PM Sisters Reaching Out, Liberty Christian Church, Corner of Vine & Albany, 23 Vine Street, Hartford, CT, 06112 (W,K,ST,S,WC,C)

Tue 7:30PM Addicts in Recovery, Mount Sinai Hospital, 500 Blue Hills Avenue, Hartford, CT, 06112 (O)

Wed NOON We Believe, Liberty Christian Church, 23 Vine Street, Hartford, CT, 06112 (O,To)

Wed 7:00PM Los Quitaos, St. Augustine Church, 10 Campfield Avenue, Hartford, CT, 06114 (O,K,WC,ES)

Wed 7:30PM New Birth, Metropolitan AME Zion Church, 2051 Main Street, Hartford, CT, 06120 (To,S,O)

Thu 1:00PM One O'Clock High, Liberty Christian Church, 23 Vine Street, Hartford, CT, 06112 (K,JFT,O) *Speaker on last Thursday of the month*

Thu 7:00PM Survival Group, Central Baptist Church, 457 Main Street, Hartford, CT, 06103 (O,To,K)

Thu 7:30PM Fresh Start, Open Hearth, 437 Sheldon Street, Hartford, CT, 06106 (O,S)

Fri NOON Living Clean The Journey Continues, Metropolitan Church, 155 Wyllys Street, Hartford, CT, 06106 (LC,O)

Fri 7:00PM Pathway to Recovery, Trinity Episcopal Church, Upstairs Large Room, 120 Sigourney Street, Hartford, CT, 06105 (ST,O,K,WC,T)

Sat 10:00AM The Intimate Step Meeting, Institute of Health & Healing, 17 Niles Street, Hartford, CT, 06105 (C,ST)

Sat 10:00AM Walk the Walk, Talk the Talk, United Methodist Church, 571 Farmington Avenue, Hartford, CT, 06114 (BST,O)

Sat NOON Home At Last, Phillips Metropolitan C.M.E. Church, 2500 Main Street, Hartford, CT, 06120 (O,S,To)

Sat 7:30PM There's Hope For Today, Trinity Episcopal Church, 120 Sigourney Street, Hartford, CT, 06105 (O,JFT,K)

Sat 9:00PM New Late Night, United Methodist Church, Corner of South Whitney, 571 Farmington Avenue, Hartford, CT, 06105 (O,To,S) *Bag Meeting*

HIGGANUM

Mon 8:00PM Stepping Free, St. James Church Parish Hall, Corner of Rt. 81 and Little City Rd., 501 Killingworth Road, Higganum, CT, 06441 (S,WC,O,ST)

LITCHFIELD

Sun 7:30PM Miracles Happen, Saint Michael's Church Annex, 23 South St, Litchfield, CT, 06759 (To,O)

Wed 7:30PM Together We Can, St. Michael's Church Annex, 23 South Street, Litchfield, CT, 06759 (K,JFT,O,WC)

MANCHESTER

Wed 7:30PM The Journey Continues, Manchester Hospital, 71 Hayes Street, Manchester, CT, 06040 (To,C) *Conference Room D in basement*

Fri 7:30PM Seriously Seeking Recovery, Manchester Memorial Hospital, 71 Haynes Street, Manchester, CT, 06040 (S,K,JFT,WC,O)

MANSFIELD CENTER

Mon 6:30PM Twogether We Can, Natchaug Hospital, 189 Storrs Road, Mansfield Center, CT, 06235 (O,LGBT)

Sat 6:30PM Miracles In Mansfield Group, First United Methodist Church of Mansfield, 29 Puddin Lane, Mansfield Center, CT, 06250 (SWG,O)

MERIDEN

Sun 5:30PM Principles before Personalities, Immanuel Lutheran Church, 164 Hanover Street, Meriden, CT, 06451 (O,GP)

Mon 7:00PM Straight From the Hip, Emmanuel Lutheran Church, 164 Hanover Street, Meriden, CT, 06450 (WC,W,K,LC,To,DC,O)

Mon 7:30PM No Mas, First Congregational Church, 62 Colony Street, Meriden, CT, 06451 (To,O,K)

Tue 7:30PM State of Recovery, Immanuel Lutheran Church, 164 Hanover Street, Meriden, CT, 06451 (K,To,O,WC)

Wed 7:30PM Keep It Simple, Immanuel Lutheran Church, 164 Hanover Street, Meriden, CT, 06451 (K,To,O,JFT)

Thu 7:00PM Thursday Night Recovery, St. Rose Community Center, 34 Center Street, Meriden, CT, 06450 (O,To,K)

Sat 10:30AM The Morning After, Saint Rose Community Building, 34 Center Street, Meriden, CT, 06450 (O,BT,WC,K)

SHELTON (CONT)

Wed 7:00PM A View to Recovery, War Memorial Building, Rt.110, 695 Howe Avenue, Shelton, CT, 06484 (O,K,To)

Fri 7:30PM Victory in the Valley, War Memorial Building, Rt. 110, 695 Howe Avenue, Shelton, CT, 06484 (K,To,WC,O,S)

SOUTHINGTON

Mon 7:00PM Keep on Stepping, St. Paul's Episcopal Church, 145 Main Street, Southington, CT, 06489 (O,WC,ST)

Thu 7:30PM Sky's the Limit, St. Paul's Episcopal Church, 145 Main Street, Southington, CT, 06489 (To,K,S,WC,O)

Fri 7:30PM Top of the Hill, Faith Baptist Church, 243 Laning Street, Southington, CT, 06489 (RF,O,K,To,WC,S) *NO Smoking on Grounds; Speaker Last Fri of the Month.*

SOUTH WINDSOR

Sun 7:30PM The Last Alternative, Avery Street Christian Reformed Church, 661 Avery Street, South Windsor, CT, 06074 (BST,S,To,O)

Mon 6:45PM Women Stepping Up, Our Savior Lutheran Church, Main Level, 239 Graham Road, South Windsor, CT, 06074 (W,O,ST)

STAMFORD

Sun 7:00PM Courage to Change, Chester Addison Community Center, 245 Selleck Street, Stamford, CT, 06902 (JFT,C,IW,BT)

Mon NOON Serenity at Noon, Inspirica, 141 Franklin Street, Stamford, CT, 06905 (WC,O,JFT)

Mon 7:00PM Recovery on the Hill, New Life Foundation, 41 Stillwater Avenue, Stamford, CT, 06902 (JFT,O)

Tue 7:00PM Recovery on Tuesday, New Life Foundation, 41 Stillwater Avenue, Stamford, CT, 06901 (O,BT)

Wed 7:00PM A Simple Solution, Chester Addison Center, Upstairs, 245 Selleck Street, Stamford, CT, 06902 (T,O,BST,ST,IP,JFT,K,S)

Thu NOON Serenity at Noon, Inspirica, 141 Franklin Street, Stamford, CT, 06905 (O,DC,BST,WC)

Thu 7:00PM A Simple Solution, Chester Addison Community Center, Upstairs, 245 Selleck Street, Stamford, CT, 06902 (JFT,BST,O,K,T,IP,To)

Sat 7:00PM Courage to Change, Chester Addison Community Center, 245 Selleck Street, Stamford, CT, 06902 (S,O)

SUFFIELD

Fri 7:30PM WEcovery, First Church of Christ Congregational, 81 High Street, Suffield, CT, 06078 (To,JFT,O,S)

THOMASTON

Wed 7:00PM This Is Your Life, The Covenant Church, 64 Grove Street, Thomaston, CT, 06787 (LC,O,K,To)

TORRINGTON

Mon 7:30PM Steps for a New Beginning, First Congregational Church, 835 Riverside Avenue, Torrington, CT, 06790 (BST,O,WC)

Tue 6:00PM Recovering Hearts, United Congregational Church, 1622 Torrington Street, Torrington, CT, 06790 (SWG,O,ST,K,W) *Women's Meeting*

Thu 7:00PM Progressive Recovery, Trinity Episcopal Church, 220 Prospect Street, Torrington, CT, 06790 (K,O,To)

Fri 7:00PM Freedom Isn't Free, Trinity Episcopal Church, 220 Prospect Street, Torrington, CT, 06790 (M,O,K,LC,S)

Sat 8:30AM Point of Freedom, St. Mary's Church, 85 Pulaski Street, Torrington, CT, 06790 (BT,K,O)

Sat 7:00PM The Elevator's Broken, Use the Steps, Trinity Episcopal Church, 220 Prospect Street, Torrington, CT, 06790 (K,C,ST,S)

UNCASVILLE

Thu 7:30PM Sesame Street, Mohegan Congregational Church, 27 Church Lane, Uncasville, CT, 06382 (K,IW,WC,ST,S,O)

VERNON

Wed 7:00PM What a Way to Grow, United Methodist Church, 401 Hartford Turnpike, Vernon, CT, 06066 (O,ST,WC)

Sat 7:30PM Recovery East, First Congregational Church of Vernon, 695 Hartford Turnpike, Vernon, CT, 06066 (WC,To,O,K)

WALLINGFORD

Sun 7:30PM Touch of Life, Renaissance Club, 68 Quinpiac Street, Wallingford, CT, 06492 (JFT,C)

Mon 12:30PM The Midday Message, First Congregational Church, Rear of building, 23 South Main Street, Wallingford, CT, 06492 (O,To)

Tue 7:15PM The Courage To Change, Renaissance Club, 68 Quinpiac Street, Wallingford, CT, 06492 (K,C,IP,To,BT,RF,M)

Wed 1:00PM Midday Serenity, First Congregational Church, 23 South Main Street, Wallingford, CT, 06492 (O,WC,JFT)

Wed 7:00PM The Time is Now, Church of the Nazarene, 26 Parker Farms Road, Wallingford, CT, 06492 (ST,C)

NORWALK (CONT)

Sat 7: 00PM Road to Recovery, First Congregational Church, Corner of Park St., 3 Lewis Street, Norwalk, CT, 06851 (C,S)

Sat 7: 45PM By the Text, Miracle Temple, 2 Trinity Place, Norwalk, CT, 06845 (BT,LC,C)

NORWICH

Mon 7: 30PM Chelsea Group, Christ Episcopal Church, 78 Washington Street, Norwich, CT, 06360 (BT,O)

Fri 7: 30PM H.O.W. Group, Uncas on the Thames: SMHA Building, Rt. 32, 401 W. Thames Street, Norwich, CT, 06360 (S,O,To)

OAKVILLE

Fri 7: 00PM Just for Tonight, All Saints Episcopal Church, 262 Main Street, Oakville, CT, 06779 (O,JFT,WC,K)

Sat 7: 00PM It Works, How and Why, Gateway Bible Church, 500 Buckingham Street, Oakville, CT, 06779 (K,ST,S,O,T)

OLD LYME

Sun 7: 00PM Great to be Straight, Roger's Lake Clubhouse, Address is approximate, 75 Rogers Lake Trail, Old Lyme, CT, 06371 (O,ST,T,WC)

Tue 7: 00PM Living Clean Today, St. Ann's Episcopal Church, 82 Shore Road, Old Lyme, CT, 06371 (LC,WC,O,To)

OLD SAYBROOK

Thu 7: 00PM Steps on the Sound, St. Paul Lutheran Church, 56 Great Hammock Road (Rt.154), Old Saybrook, CT, 06475 (ST,O)

Fri 7: 00PM Steps to Freedom, First Church of Christ in Saybrook, 366 Main Street, Old Saybrook, CT, 06475 (BT,S,WC,O,ST)
NO Smoking on Grounds

PLAINVILLE

Sun 7: 00PM The Promise is Freedom, Plainville Congregational Church, 130 West Main Street, Plainville, CT, 06062 (S,T,O)
Tradition Speaker on the last Sunday of each month

Tue 7: 00PM The Healing Starts Here, Our Lady of Mercy Parish Center, Room 106, 19 Canal Street, Plainville, CT, 06062 (WC,SWG,K,O)

Wed 7: 00PM Brothers in Recovery, Our Lady of Mercy Parish Center, Room 107 (around back), 19 South Canal Street, Plainville, CT, 06062 (S,O,M)

Wed 7: 00PM The Steps Are the Key, Plainville Congregational Church, 130 West Main Street, Plainville, CT, 06062 (ST,O)

Thu 7: 00PM Making Headway, Congregational Church, 130 West Main Street, Plainville, CT, 06062 (K,To,S,O)

Fri 7: 00PM Back To Basics, Plainville Congregational, 130 West Main Street, Plainville, CT, 06062 (CL,K,BT,O)

Sat 6: 30PM Trust the Dream, First Congregational Church, 130 West Main Street, Plainville, CT, 06062 (C,T,JFT) *Speaker on the last Saturday of each month, ending at 7:45pm*

PORTLAND

Mon 6: 45PM Working the Steps, Portland United Methodist Church, 381 Main Street, Portland, CT, 06480 (O,ST) *First half personal step work. Second half step discussion out of the JFT*

Tue 7: 00PM Over The Wall, Portland United Methodist Church, Corner of Church St., 381 Main Street, Portland, CT, 06480 (WC,To,K,O)

Wed 7: 00PM Living Clean, First Congregational Church, rear entrance, 554 Main Street, Portland, CT, 06480 (O,LC)

Thu 7: 30PM Whole Lava Love, Trinity Episcopal Church, 345 Main Street, Portland, CT, 06480 (O,To) *Lava Lamp instead of Candlelight Meeting*

Fri 7: 00PM Stepping Into the Weekend, Zion Lutheran Church, 183 Williams Street, Portland, CT, 06480 (ST,O)

Fri 7: 30PM Straight Lace, Portland United Methodist Church, Corner of Church St., 381 Main Street, Portland, CT, 06480 (S,K,JFT,W,WC,O)

PROSPECT

Thu 7: 00PM The Ladder to Recovery, The Meeting Place, 30 Center Street, Prospect, CT, 06712 (DC,O,S,BST,K)

ROCKVILLE

Thu 7: 00PM Wherever You Go, There You Are, United Methodist Church, 142 Grove Street, Rockville, CT, 06066 (To,O)

ROCKY HILL

Wed 7: 30PM The War is Over, Veterans Home & Hospital, Fellowship House, 287 West Street, Rocky Hill, CT, 06067 (K,O,S,To)

SEYMOUR

Thu 7: 30PM Seymour Thursday Night, United Methodist Church, Rt. 188, 225 Great Hill Road, Seymour, CT, 06483 (JFT,O,K)

SHELTON

Mon 7: 00PM Just For Monday, War Memorial Building, Rt. 110, 695 Howe Avenue, Shelton, CT, 06484 (O,BT,K)

MERIDEN (CONT)

Sat 7: 00PM Saturday Night's All Right, Immanuel Lutheran Church, 164 Hanover Street, Meriden, CT, 06451 (O,K,BST)

MIDDLETOWN

Sun 10: 30AM New Freedom, St. Vincent Depaul Soup Kitchen, Just North of Washington St., 615 Main Street, Middletown, CT, 06457 (K,To,WC,O)

Sun 7: 00PM Came To Believe, Church of the Holy Trinity, 2nd floor, 381 Main Street, Middletown, CT, 06457 (O,K,To,WC)

Sun 7: 30PM Where We Are Going, St. Vincent Depaul Soup Kitchen, Just North of Washington St., 615 Main Street, Middletown, CT, 06457 (O,LC,WC)

Mon 7: 00PM Miracles at Trinity, Church of the Holy Trinity, 2nd floor, 381 Main Street, Middletown, CT, 06457 (O,S,To,K)
Speaker on the last Monday of each month

Tue 5: 30PM Recovery 101, Wesleyan University (Usdan Center), Room 108, 45 Wyllys Avenue, Middletown, CT, 06457 (O,WC,RF) *Free Parking available in Lot C on Church Street*

Tue 7: 30PM New Perspectives, St. Vincent DePaul's Soup Kitchen, 615 Main Street, Middletown, CT, 06457 (K,O,GP,WC)

Wed 5: 45PM Serenity Check, Back Door Mission Baptist Church, 94 Miner Street, Middletown, CT, 06457 (O,WC,JFT,S) *Speaker on the second Wednesday of each month*

Wed 7: 30PM Steppin' Thru It All, Wesleyan University: Exley Science Center, Woodhead Lounge - Parking Lot off Lawn Ave., 265 Church Street, Middletown, CT, 06457 (O,S,ST)

Thu 5: 45PM No Joke on Main, Church of the Holy Trinity, Small Room, 381 Main Street, Middletown, CT, 06457 (O,WC,JFT)

Thu 7: 30PM Steppin' Up, St. Vincent DePaul Soup Kitchen, 615 Main Street, Middletown, CT, 06457 (O,WC,BST) *Speaker last Thursday of the Month*

Fri 7: 30PM Pigs in Space, Church of The Holy Trinity, 2nd floor, 381 Main Street, Middletown, CT, 06457 (K,WC,RF,O,M,To,S)

Fri 10: 00PM Til' the Wheels Fall Off, Faith Lutheran Church, Basement - entrance around back, 300 Washington Street, Middletown, CT, 06457 (RF,O)

Sat 5: 30PM Basically Lit Recovery, Faith Lutheran Church, Basement - entrance around back, 300 Washington Street, Middletown, CT, 06457 (O,BT) *Line by Line Text Study*

Sat 7: 00PM Saturday Night Sanity, Church of the Holy Trinity, 2nd floor, 381 Main Street, Middletown, CT, 06457 (S,O,To)
Speaker on the last Saturday of each month

MILFORD

Mon 7: 30PM More Will Be Revealed, United Presbyterian Church, 109 Seaside Avenue, Milford, CT, 06460 (BT,CL,To,O,S)

Sat 8: 30AM The One Promise, St. Peter's Episcopal Church, 71 River Street, Milford, CT, 06460 (O,JFT,K)

MOOSUP

Sun 7: 30PM Moose Tracks, Moosup Methodist Church, 13 South Main Street, Moosup, CT, 06354 (CL,O,To)

Fri 6: 30PM Moose Tracks, Moosup Methodist Church, 13 South Main Street, Moosup, CT, 06354 (RF,S,O)

MYSTIC

Sun 7: 30PM Crystal Clean, St. Mark's Episcopal Church, 15 Pearl Street, Mystic, CT, 06355 (O,S,ST)

Mon 7: 00PM Walking Tall In Recovery, Potter's House Church of God, 500 Sandy Hollow Road, Mystic, CT, 06355 (IP,O)

Tue 7: 30PM Twilight Zone, Old Mystic Fire District Hall, 115 Welles Road, Mystic, CT, 06355 (O,S,ST,K)

NAUGATUCK

Sun 7: 00PM When at the End of the Road, Naugatuck Congregational Church, 9 Division Street, Naugatuck, CT, 06770 (K,LC,O)

NEW BRITAIN

Sun 9: 00AM Sunday Morning Serenity, St. Marks Episcopal Church, 147 West Main Street, New Britain, CT, 06053 (To,O,S)
Speaker on the second Sunday of each month

Sun 7: 00PM Sunday Night Sanity, YMCA, 50 High Street, New Britain, CT, 06051 (O,To,LC) *Living Clean 1st and 3rd Sunday*

Mon 00N Genesis, South Congregational Church - Hart Hall, Entrance thru courtyard in basement, 56 Arch Street, New Britain, CT, 06051 (O,To)

Mon 5: 30PM Lifeline to Recovery, St. Mark's Episcopal Church, 147 West Main Street, New Britain, CT, 06052 (O,WC,To)

Mon 7: 00PM Spring Into Recovery, St. John's Evangelical Lutheran Church, Corner of Grand St., 295 Arch Street # 303, New Britain, CT, 06051 (K,O,S)

Tue 00N The Reach Within Group, South Congregational Church - Hart Hall, Corner of Arch St., 90 Main Street, New Britain, CT, 06051 (O,DC,To)

NEW BRITAIN (CONT)

Tue 6: 30PM Women With Hope, South Congregational Church, Hart Hall, 90 Main Street, New Britain, CT, 06051 (To,S,O,W) *Speaker Last Tuesday of The Month*

Tue 7: 00PM Thru the Steps, YMCA, Upstair conference room, 50 High Street, New Britain, CT, 06051 (ST,T,O,S) *Tradition Speaker on the last Tuesday of each month*

Wed NOON Genesis, South Congregational Church - Hart Hall, Entrance thru courtyard in basement, 56 Arch Street, New Britain, CT, 06051 (ST,O,T)

Wed 7: 00PM Issues, McCullough Temple CME Church, 55 Chapman Street, New Britain, CT, 06051 (K,To,A)

Thu NOON Within Reach, South Congregational Church, 90 Main Street, New Britain, CT, 06051 (To,O)

Thu 7: 00PM Miracles on Arch, South Church, 90 Main Street, New Britain, CT, 06051 (RF,S,O) *Arch Street Entrance*

Fri NOON Genesis, South Congregational Church - Hart Hall, Entrance thru courtyard in basement, 56 Arch Street, New Britain, CT, 06051 (O,K,To)

Fri 8: 00PM Diversity Is Our Strength, Right Now Ministries - Gymnasium, Formerly Saint Marks Church, 147 West Main Street, New Britain, CT, 06052 (O,WC,RF,To,CL) *Candlelight Meeting 4th & 5th Fri*

Sat 10: 00AM Saturday Morning Surrender, South Congregational Church - Hart Hall, Corner of Arch St., 90 Main Street, New Britain, CT, 06051 (S,To,O) *Ticket Topic w/ Speaker on the last Saturday of each month*

Sat 6: 00PM High on Recovery, YMCA, 50 High Street, New Britain, CT, 06051 (K,To,S,O)

NEW CANAAN

Sat 7: 00PM Lost Then Found, United Methodist Church, Back Entrance, 165 South Avenue, New Canaan, CT, 06840 (O,To,WC)

NEW HAVEN

Sun 10: 30AM No Excuses, Yale Health Center, 55 Lock Street, New Haven, CT, 06511 (O,K,To,WC)

Sun 10: 30AM Today We Live, Awning Cleaning Industries, 29 Fitch Street, New Haven, CT, 06515 (WC,O,To)

Sun 6: 00PM Serenity at Sundown1, St. Bernadette's R.C. Church, 385 Townsend Avenue, New Haven, CT, 06512 (O,To) *Speaker on the last Sunday of each month*

Sun 7: 00PM Hope to Grow, Trinity Lutheran Church, Corner of Wall St., 234 Orange Street, New Haven, CT, 06510 (S,O,To)

Sun 7: 00PM Serenity by the Sea, Fort Hale Park, Fort Hale Park Road, New Haven, CT, 06512 (O,To) *Seasonal: Memorial Day - Labor Day*

Mon NOON Out of the Darkness, Episcopal Church of St. Paul & St. James, Corner of Chapel St., 57 Olive Street, New Haven, CT, 06511 (O,WC,To)

Mon 7: 30PM Living Clean, First Presbyterian Church, 704 Whitney Avenue, New Haven, CT, 06516 (O,LC)

Tue NOON Tuesday at Noon, Episcopal Church of St. Paul & St. James, Corner of Chapel Street, 57 Olive Street, New Haven, CT, 06511 (K,ST,O,WC)

Tue 7: 00PM Unidos Otra Vez, United Church Parish Hall, 323 Temple Street, New Haven, CT, 06510 (To,ES,O,K)

Tue 7: 30PM Boys to Men, MAAS Building, 426 East Street, New Haven, CT, 06511 (M,To,K,WC,S,O)

Tue 8: 00PM Elm City Serenity, St. Paul's UAME Church, 150 Dwight Street, New Haven, CT, 06511 (O,ST,K)

Wed NOON High Noon, Episcopal Church of St. Paul & St. James, Corner of Chapel St., 57 Olive Street, New Haven, CT, 06511 (Pi,O,To)

Wed 7: 00PM Solutions for Sisters, St. Anthony's, 70 Washington Ave, New Haven, CT, 06511 (O,ST,W)

Thu NOON Thursday Noon Outreach, Episcopal Church of St. Paul & St. James, Corner of Chapel St., 57 Olive Street, New Haven, CT, 06511 (O,To,WC,K)

Thu 7: 30PM Living the Steps, Christian Love Center, 154 Derby Avenue, New Haven, CT, 06511 (ST,C,SWG,S) *Speaker Last Thursday /Mo.*

Thu 7: 30PM New Generation, United Church Parish House, 323 Temple Street, New Haven, CT, 06510 (O,JFT,WC,K)

Fri NOON Right Step Into The Weekend, Episcopal Church of St. Paul & St. James, Corner of Chapel St., 57 Olive Street, New Haven, CT, 06511 (To,WC,BST,O)

Fri 8: 00PM Fighting Back, St. Paul's UAME Church, 150 Dwight Street, New Haven, CT, 06511 (S,To,O)

Sat 10: 30AM Second Time Around, St. Matthews U.F.W.B Church, Robert J Gay Building, rear entrance, lower level, 400 Dixwell Avenue, New Haven, CT, 06511 (O,S,To,K)

Sat 5: 30PM Inner City Recovery, St. Paul's UAME Church, 150 Dwight Street, New Haven, CT, 06511 (JFT,O,K) *Speaker on the third Saturday of each month*

Sat 5: 30PM Loud and Proud, New Haven Pride Center, 84 Orange Street, New Haven, CT, 06510 (K,To,LGBT,O)

Sat 7: 00PM Die Hard Recovery, Trinity Lutheran Church, Corner of Wall St. - Basement, 234 Orange Street, New Haven, CT, 06510 (K,To,O)

NEWINGTON

Tue 8: 00PM Straight Ahead, Grace Episcopal Church, 124 Maple Hill Avenue, Newington, CT, 06111 (WC,O,To,S)

Wed 6: 30PM Freedom to Live, Church of Christ, 2nd Floor, 1075 Main Street, Newington, CT, 06111 (O,To)

NEW LONDON

Sun 6: 00PM Living Clean, Lawrence and Memorial Hospital, Education Room behind main desk, 365 Montauk Avenue, New London, CT, 06320 (LC,O)

Mon 10: 00AM NA in the Day, Huntington Street Baptist Church, 29 Washington Street, New London, CT, 06320 (K,JFT,To,BST,RF,O)

Mon 7: 00PM Clean and Serene, St. James Episcopal Church, 76 Federal Street, New London, CT, 06320 (ST,C,T)

Tue 10: 00AM NA in the Day, Huntington Street Baptist Church, 29 Washington Street, New London, CT, 06320 (O,RF,JFT,To,BST,K)

Tue 7: 30PM We Do Recover, Huntington Baptist Church, 29 Huntington Street, New London, CT, 06320 (O,JFT)

Wed 10: 00AM NA in the Day, Huntington Street Baptist Church, 29 Washington Street, New London, CT, 06320 (RF,BST,To,JFT,K,O)

Thu 10: 00AM NA in the Day, Huntington Street Baptist Church, 29 Washington Street, New London, CT, 06320 (BST,JFT,RF,O,K,To)

Fri 10: 00AM NA in the Day, Huntington Street Baptist Church, 29 Washington Street, New London, CT, 06320 (K,RF,To,O,BST,JFT)

Fri 7: 30PM Miracles Happen Here, Tree of Life Church, 122 Colman Street, New London, CT, 06320 (O,To,S)

Sat 10: 30AM New Beginnings, Huntington Baptist Church, Meets in Fellowship Hall, 29 Huntington Street, New London, CT, 06320 (O,BST,K)

NEWTOWN

Sun 7: 30PM Not At The Church, Newtown Congregational Church, 14 West Street, Newtown, CT, 06482 (K,O,IP,WC)

NIANTIC

Mon 6: 00PM A New Wave of Serenity on the Sound, Saint John's Episcopal Church/McCooks Pavillion (Oct 1 - May) St Johns / (Memorial Day - Oct 1st) McCooks Pavillion, 400 Main Street, Niantic, CT, 06357 (WC,To,O) *Summer Season meets at McCooks Pavillion*

Wed 7: 30PM Sound of Serenity, Niantic Community Church, 170 Pennsylvania Avenue, Niantic, CT, 06357 (S,JFT,O)

NOANK

Sat 7: 00PM Grow With the Glow, Noank Baptist Church, 18 Cathedral Heights, Noank, CT, 06340 (CL,O,To)

NORTH BRANFORD

Sat 7: 00PM Keep It Simple, North Branford Congregational, 1680 Foxon Road, North Branford, CT, 06471 (O,To,WC,S) *Speaker on the First Saturday of each month*

NORTH HAVEN

Tue 6: 30PM The Masks Have to Go, Montowese Baptist Church, 201 Quinnipiac Avenue, North Haven, CT, 06473 (O,To)

Wed 6: 30PM Miracles Happen, Montowese Baptist Church, 201 Quinnipiac Avenue, North Haven, CT, 06473 (O,WC,BT,ST,K,T)

Wed 8: 00PM Heaven Can Wait, Montowese Baptist Church, 201 Quinnipiac Avenue, North Haven, CT, 06473 (ST,JFT,O,M,K)

NORWALK

Sun 7: 00PM Road to Recovery, First Congregational Church, Corner of Park St., 3 Lewis Street, Norwalk, CT, 06851 (O,BT,To)

Mon 7: 00PM It Works, How & Why, First Congregational Church, Corner of Park St., 3 Lewis Street, Norwalk, CT, 06851 (T,C,WC,ST,K)

Tue 7: 00PM Never Alone, Never Again, Triangle Community Center, Room B, 618 West Avenue, Norwalk, CT, 06850 (LGBT,O,RF,K) *Parking behind building available.*

Wed 7: 00PM By the Text, Miracle Temple, 2 Trinity Place, Norwalk, CT, 06854 (T,C)

Wed 7: 00PM Road to Recovery, First Congregational Church, Corner of Park St., 3 Lewis Street, Norwalk, CT, 06851 (WC,C,T)

Wed 7: 30PM Road to Recovery, First Congregational Church, Corner of Park St., 3 Lewis Street, Norwalk, CT, 06851 (C,JFT)

Wed 7: 45PM By the Text, Miracle Temple, 2 Trinity Place, Norwalk, CT, 06854 (S,To,JFT,O) *Anniversary/keychain last Wednesday of the Month*

Thu 7: 00PM There is Hope, Smilow Life Center, Room 1, 55 Chestnut Street, Norwalk, CT, 06854 (BST,O,To,LC,JFT,S)

Fri 7: 00PM Road to Recovery, First Congregational Church, Corner of Park St., 3 Lewis Street, Norwalk, CT, 06851 (JFT,T,C,K,WC)

Sat 6: 30PM By the Text, Miracle Temple, 2 Trinity Place, Norwalk, CT, 06854 (BST,C)