

THE TWELVE STEPS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Meeting Format Legend			
BT	Basic Text	C	Closed
CL	Candlelight	CW	Children Welcome
D	Discussion	GL	Gay/Lesbian/Transgender
L	Literature Study	O	Open
So	Speaker Only	W	Women
WC	Wheelchair		

BELLEVUE

Mon 6:00PM The Recovery Group, 2311 Madison St, Bellevue, NE (O)

OMAHA

Sun 11:00AM Sunday Solutions, Lakeside Hospital, East entrance on the lower level, 16901 Lakeside Hills Court, Omaha, NE (O)

Sun 3:00PM Another Sunday Afternoon, Steven Center, 2723 Q Street, Omaha, NE (C,WC)

Sun 3:30PM Little White Book of NA, First Baptist Church, East Entrance, 421 Park Avenue, Omaha, NE (WC,O)

Sun 7:00PM Nor-Cal GLBT, Metro Community Church, East Door, 819 South 22nd Street, Omaha, NE (CL,GL,WC,O)

Sun 8:30PM Night Owls, St Matthews Church, 1725 South 60th Street, Omaha, NE (WC,D,O)

Mon 10:00AM Camel Morning Meeting, First Presbyterian Church, Entrance on north side, elevator available, 216 South 34th Street, Omaha, NE (CW,WC,O)

Mon 7:00PM Responsible Recovery, Bethel Lutheran Church, 1312 S. 45th St., Omaha, NE (WC,O)

Mon 7:45PM Clear Mind Clearview, The Clearview Center, 4913 Underwood Avenue, Omaha, NE (WC,O)

Tue 10:00AM Camel Morning Meeting, First Presbyterian Church, Entrance on north side, 216 South 34th Street, Omaha, NE (CW,WC,O)

Tue NOON Tuesday Noon, Shepherd of the Hills Lutheran Church, 6201 North 60th Street, Omaha, NE (O)

Tue 7:00PM Basic Text Study, St Matthews Church, 1725 South 60th Street, Omaha, NE (BT,WC,O)

Tue 7:30PM No Name Group, Sunset Hills Baptist Church, 9416 Pacific Street, Omaha, NE (CW,WC,O)

Wed 10:00AM Camel Morning Meeting, First Presbyterian Church, Entrance on north side, 216 South 34th Street, Omaha, NE (CW,WC,O)

Wed 8:30PM Night Owls, St Matthews Church, 1725 South 60th Street, Omaha, NE (WC,D,O)

Thu 10:00AM Camel Morning Meeting, First Presbyterian Church, Entrance on north side, 216 South 34th Street, Omaha, NE (CW,WC,O)

Thu 7:00PM Prime Time, Alano Club, 1523 Vinton Street, Omaha, NE (O)

Thu 8:30PM To The Curb & Back, Alano Club, 1523 Vinton Street, Omaha, NE (So,O)

Fri 10:00AM Camel Morning Meeting, First Presbyterian Church, Entrance on north side, 216 South 34th Street, Omaha, NE (CW,WC,O)

Fri 6:30PM Ladies Why are We Here, Family Works Apartments, 4847 Sahler Street, Omaha, NE (W,O)

Fri 7:30PM In the Moment, Sienna Francis House, Shalom Room, 1702 Nicholas Street, Omaha, NE (So,O)

Fri 7:30PM Recovery a New Way of Life, Open Door Mission, 2nd Floor Classroom, 2705 North 20th Street, Omaha, NE

Fri 8:00PM Into The Solution, Unity Church, Use the Back Door, 3424 North 90th Street, Omaha, NE (O)

Fri 9:30PM Just For Today, Church of Christ, Suite 281, 2600 South 124th Street, Omaha, NE (CL,WC,O)

Fri 10:00PM Miracles Group, Metro Community Church, In Basement. Use Rear entrance., 819 South 22nd Street, Omaha, NE (WC,O)

Sat 10:00AM Back To Basics, Shiloh Christian Worship Center, 1501 North 33rd Street, Omaha, NE (O)

Sat 6:00PM Saturday Night Live, Campus for Hope, Use east doors., 1490 North 16th Street, Omaha, NE (WC,O)

Sat 7:00PM Ultimate Weapon, Grace Lutheran Church, Downstairs, 1326 South 26th Street, Omaha, NE (CL,O)

Sat 7:30PM Old Skool Recovery, St. Matthew Church, 1725 South 60th Street, Omaha, NE

Sat 10:00PM Miracles Group, Metro Community Church, In the Basement, 819 South 22nd Street, Omaha, NE (So,WC,O)

Sat 11:55PM Simple Recovery, St Matthews Church, 1725 South 60th Street, Omaha, NE (L,WC,D,O)

THE TWELVE TRADITIONS

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.