

THE TWELVE STEPS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

THE TWELVE TRADITIONS

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Meeting Format Legend

BK	Book Study	BT	Basic Text
BT	Basic Text	C	Closed
CL	Candlelight	CS	Children under Supervision
D	Discussion	GL	Gay/Lesbian/Transgender
IP	Informational Pamphlet	JT	Just for Today
K	Keytags	Lit	Literature Study
M	Men	ME	Meditation
O	Open	O	Open
RF	Rotating Format	S	Speaker
S	Speaker/Discussion	SG	Step Working Guide
So	Speaker Only	St	Step
TW	Traditions Workshop	To	Topic
Tr	Tradition	W	Women
WC	Wheelchair		

COVENTRY

Tue 6:00PM Serenity Plus, St Vindent DePaul, 6 Street Vincent DePaul Street, Coventry, RI, 02816 (O,JT)

CRANSTON

Sun 7:00PM The Message of Hope, Woodridge Congregational, 30 Jackson Road, Cranston, RI, 02920 (D,S,WC,O)

Tue 7:00PM Serenity Maniacs, Woodridge United Church, 30 Jackson Road, Cranston, RI, 02920 (D,S,O)

Wed 7:00PM Edgewood NA, Edgewood Congregational Church, 1788 Broad Street, Cranston, RI, 02905 (S,D,O,CS)

Fri 7:30PM New Life, Praise Tabernacle, 330 Park Avenue, Cranston, RI, 02905 (D,WC,BT,O)

Sat 7:00PM Recovery And Beyond, St Mathews, 15 Frances Avenue, Cranston, RI, 02910 (WC,W,To,M,JT,C)

CUMBERLAND

Tue 7:00PM Steps In The Chapel, Chapel Four Corners, 200 Angel Road, Cumberland, RI, 02864 (D,SG,BK,St,C)

Fri 7:30PM Recovery In The Chapel Group, Chapel Four Corners, Meeting is in the basement., 200 Angell Road, Cumberland, RI, 02864 (D,S,O)

EAST GREENWICH

Wed 7:00PM The 107 Club, St Luke's Church, 99 Pierce Street, East Greenwich, RI, 02818 (WC,D,O,BT)

GREENVILLE

Tue 8:00PM Recovery In The Country, St Thomas Church, 1 Smith Avenue, Greenville, RI, 02828 (D,S,WC,O)

JOHNSTON

Fri 7:30PM The Lie Is Dead Group, The King's Tabernacle Church, 500 Greenville Ave, Johnston, RI, 02919 (D,S,O,BK,WC)

Fri 10:00PM Late Nite NA, St Robert Bellarmine, 1804 Atwood Avenue, Johnston, RI, 02919 (D,O,JT)

KINGSTON

Wed 7:30PM The Text Message, St Augustines, 15 Lower College Road, Kingston, RI, 02881 (RF,C,WC,BT)

MIDDLETOWN

Mon 7:30PM Grow or Go, Calvary United Methodist Church, 200 Turner Road, Middletown, RI, 02842 (O,St,TW)

Mon 7:30PM Newport NA - Grow or Go, Calvary Methodist Church, 200 Turner Road, Middletown, RI, 02842 (St,BK,D,O)

Fri 7:30PM Free at Last, Calvary United Methodist Church, 200 Turner Road, Middletown, RI, 02842 (D,O)

Fri 7:30PM Newport NA, Calvary Methodist Church, 200 Turner Road, Middletown, RI, 02842 (So,WC,O)

NARRAGANSETT

Mon 7:00PM Learn to Live - Step, Tradition & Concept Lite, St. Peters By the Sea Episcopal Church, Corner of Central and Caswell Street, back lot, 72 Central Street, Narragansett, RI, 02882 (St,Tr,D,O)

Sat 7:30PM Opt For Life, St Peter's By The Sea (Central & Caswell), 72 Central Street, Narragansett, RI, 02882 (BK,D,O)

NEWPORT

Tue 1:00PM Newport NA - Downtown, Hope Recovery Center, 50 Washington Square, Newport, RI, 02840 (D,O)

PAWTUCKET

Tue 7:30PM Living Free, First Baptist Church, Lyons St entrance, 91 Cottage Street, Pawtucket, RI, 02860 (D,S,O)

Sat 10:30AM Breakfast Club, Epworth Methodist Church, 915 Newport Avenue, Pawtucket, RI, 02861 (D,S,St,O)

PROVIDENCE

Sun 10:30AM Sunday Serenity Insanity Group, Emmanuel House, 239 Public Street, Providence, RI, 02903 (D,S,O,WC)

Sun 5:00PM Faith In Recovery Group, Providence Presbyterian Church, 500 Hope Street, Providence, RI, 02907 (D,S,O)

Sun 6:00PM The Meditation Meeting, Bell Street Chapel, 3 Bell Street, Providence, RI, 02909 (D,ME,C)

Sun 7:00PM Never Alone Group, Roger Williams Hospital, 825 Chalkstone Avenue, Providence, RI, 02908 (D,S,WC,O)

Sun 7:00PM Recovery Is More Than Abstinence Group, Butler Hospital, Ray Conference Center, 345 Blackstone Boulevard, Providence, RI, 02906 (D,O,JT)

Sun 7:30PM Resurrection Group, Amos House, 460 Pine Street, Providence, RI, 02907 (O,WC,BT)

Mon NOON NA In The Day, Jimmy Gillen Teen Center/Anchor Recovery, 1280 North Main St, Providence, RI, 02904 (O,JT,WC)

Mon 7:00PM Smith Hill NA, Beneficent Congregational Church, 300 Weybosset Street, Providence, RI, 02903 (D,S,O,WC)

Mon 7:00PM Step Sisters, Amos House, 460 Pine Street, Providence, RI, 02907 (St,C,W)

Tue NOON NA In The Day, Jimmy Gillen Teen Center/Anchor Recovery, 1280 North Main St, Providence, RI, 02904 (O,JT,WC)

PROVIDENCE (CONT)

Tue 7:00PM Regardless of Sexual Identity, Brown University-Smith Buonanno Bld. Rm G12, Meeting Street, Providence, RI, 02906 (BK,D,O,To)

Wed NOON NA In The Day, Jimmy Gillen Teen Center/Anchor Recovery, 1280 North Main St, Providence, RI, 02904 (O,JT,WC)

Wed 7:00PM H.O.P.E (Helping Other People Evolve), Amos House, 460 Pine Street, Providence, RI, 02907 (O,BK,D)

Wed 7:00PM Steppin Out Wednesday Night, Advent House, 344 Washington Street., Providence, RI, 02903 (St,D,C,WC)

Wed 7:30PM Loveline Group, First Unitarian Church, 1 Benevolent Street, Providence, RI, 02906 (D,IP,S,BT,O)

Wed 7:30PM Recovery In The Lake Group, Silver Lake Community Center, 529 Plainfield Street, Providence, RI, 02909 (D,S,WC,O)

Thu NOON NA In The Day, Jimmy Gillen Teen Center/Anchor Recovery, 1280 North Main St, Providence, RI, 02904 (O,JT,WC)

Thu 7:00PM IP Time Group, Providence Youth Services, 640 Broad Street, Providence, RI, 02907 (D,BK,WC,S,O,IP)

Thu 7:00PM Men with a Vision, Providence Presbyterian Church, 500 Hope Street, Providence, RI, 02906 (D,O)

Thu 7:30PM Straight Forward, Amos House, 460 Pine Street, Providence, RI, 02907 (D,WC,O)

Fri NOON NA In The Day, Jimmy Gillen Teen Center/Anchor Recovery, 1280 North Main St, Providence, RI, 02904 (O,JT,WC)

Fri 6:30PM Gimme Shelter, Amos House, 460 Pine Street, Providence, RI, 02907 (D,S,O)

Sat 1:00PM Keep It Simple Saturday Group, St Patrick's School, 244 Smith Street, Providence, RI, 02908 (D,S,O)

Sat 6:00PM Saturday NA Recovery, Brooklyn Coffee Tea Guest House, 2nd floor, go in the back, 209 Douglas Avenue, Providence, RI, 02908 (St,GL,C)

Sat 7:30PM Surrender Or Die Group, Gerry House, Behind RI Hospital, 142 Borden Street, Providence, RI, 02903 (D,S,WC,O)

Sat 8:00PM Hardcore Recovery Group, Second Presbyterian Church, 500 Hope Street, Providence, RI, 02906 (D,St,O)

RIVERSIDE

Thu 7:00PM Why Are We Here, Riverside Congregational Church, 347 Bullocks Point Avenue, Riverside, RI, 02915 (Tr,O,St)

SAUNDERSTOWN

Fri 7:00PM Under the Bridge, Chapel of St John the Divine, At Willett Road. Church Hall, 10 Church Way, Saundertown, RI, 02874 (BT,RF,WC,To,D,O,CL) *Meeting Cancelled on Nov 16th 2018, will Resume Following week. Nov 23rd 2018*

WAKEFIELD

Mon 7:00PM On A Mission, 23 Arnold St, Wakefield, RI, 02879 (O,S,D)

WARREN

Thu 7:00PM High Hopes, East Bay Recovery, 31 Railroad Avenue, Warren, RI, 02885 (JT,D,S,O)

WARWICK

Mon 7:00PM Steps To Freedom, Pilgrim Lutheran Church, 1817 Warwick Avenue, Warwick, RI, 02889 (D,Tr,S,O,St,WC)

Mon 7:30PM New Freedom, Warwick Central Baptist Church, 3260 Post Road, Warwick, RI, 02886 (D,O,S)

Tue 8:30AM Just for Tuesday Morning NA, Anchor Recovery, 890 Centerville Rd, Warwick, RI, 02886 (D,O,JT)

Tue 7:00PM Why Not Men's Group, Bridgemark, 2030 Elmwood Avenue, Warwick, RI, 02888 (C,M)

Tue 7:30PM Recovery In The Beach, 1st Congregation Church, 715 Oakland Beach Avenue, Warwick, RI, 02889 (Tr,D,O,St)

Fri 7:00PM Clean And Serene, Pilgrim Lutheran Church, 1817 Warwick Avenue, Warwick, RI, 02889 (D,S,WC,O)

WESTERLY

Wed 7:30PM Outer Limits, Grace United Methodist Church, Downstairs, 10 Park Avenue, Westerly, RI, 02891 (O,K,BT,S) *Speaker 1st Wednesday of Each Month*

WEST WARWICK

Sun 7:00PM Dedication, St Therese Old Catholic Church, 1500 Main Street, West Warwick, RI, 02893 (Tr,D,Lit,St,WC,O)

Wed 7:30PM Cookies & Recovery, St Therese Old Catholic Church, 1500 Main Street, West Warwick, RI, 02893 (D,S,WC,TW,St,RF,C)

Sat 10:00AM Serenity Seekers, Christ the King church, Parish Building, 130 Legris Avenue, West Warwick, RI, 02893 (O,To)

WOONSOCKET

Wed 7:30PM Straight Today, Holy Family Parish, 414 South Main Street, Woonsocket, RI, 02895 (D,S,O)

Thu 6:45PM Rockets in Recovery, 66 Social St, Woonsocket, RI, 02895 (S,D,O)