

THE TWELVE STEPS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

THE TWELVE TRADITIONS

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Meeting Format Legend

BK	Book Study	BT	Basic Text
C	Closed	CL	Candlelight
D	Discussion	JT	Just for Today
L	Literature Study	O	Open
So	Speaker Only	St	Step
To	Topic	Tr	Tradition

ABERDEEN

Mon 6:30PM Aberdeen NA, St. Marks's Episcopal Church, West Door, Downstairs, 1410 North Kline, Aberdeen, SD, 57401 (O)

Tue 6:30PM Aberdeen NA, Faith United Methodist, South door, downstairs, 503 South Jay Street, Aberdeen, SD, 57401 (O)

Thu 6:30PM Aberdeen NA, Faith United Methodist, South door, downstairs, 503 South Jay Street, Aberdeen, SD, 57401 (O)

Fri 8:00PM Aberdeen NA, The Yellow House, 519 South Arch Street, Aberdeen, SD, 57401 (O)

BOX ELDER

Mon 7:30PM The Journey Group, Flying J Travel Plaza, Box Elder, SD (O)

BROOKINGS

Thu 7:30PM Brookings Hope Husslers, First Lutheran Church (Touchdown Jesus), Downstairs/basement, 337 8th Street, Brookings, SD, 57006 (O)

Thu 7:30PM Brookings NA, First Lutheran Church, 337 8th Street, Brookings, SD, *Gary R 605-280-7090*

CUSTER

Sat 8:00PM Big Comfy Couch, Alano Log Cabin, 520 Crook, Custer, SD (CL,O)

HOT SPRINGS

Mon 6:00PM Hope Dealers, Upper Crust Cafe (formerly Daily Bread), 627 N. River Street, Hot Springs, SD (O)

Fri 7:00PM Hope Dealers, Upper Crust Cafe (formerly Daily Bread), 627 N. River Street, Hot Springs, SD (St,Tr,O)

LEAD

Wed 8:30PM New Beginnings, Trinity Methodist Church, 111 Main Street, Lead, SD (O)

MITCHELL

Sun 5:30PM Guidance Through Recovery, 424 East 9th Avenue, Mitchell, SD, 57301 (O)

Wed 7:00PM Guidance Through Recovery, 424 East 9th Avenue, Mitchell, SD, 57301 (O)

Fri 7:00PM Guidance Through Recovery, 424 East 9th Avenue, Mitchell, SD, 57301 (O)

RAPID CITY

Sun 6:30PM Cruzen not Uzen, Woyatan Lutheran Church, 522 Anamosa, Rapid City, SD (O)

Mon 7:30PM Put The Shovel Down, Cornerstone Mission, Back Entrance, 30 Main Street, Rapid City, SD (St,O)

Tue 6:00PM Hope Seekers, Hope Lodge, 3200 Canyon Lake Drive, Rapid City, SD (L,O)

Tue 7:30PM NewHope, First Methodist Church, East entrance - basement, 629 Kansas City Street, Rapid City, SD (L,O)

Wed 6:30PM The Other Side, Alano Club, 325 Deadwood Avenue North, Rapid City, SD (To,C)

Thu 6:30PM NewHope, First Methodist Church, East entrance - basement, 629 Kansas City Street, Rapid City, SD (To,O)

Fri 7:30PM NewHope, First Methodist Church, East entrance - basement, 629 Kansas City Street, Rapid City, SD (To,So,O)

Sat 7:00PM Show Me How to Live, St. Andrew's Episcopal Church, 910 Soo San Drive, Rapid City, SD (To,L,So,O)

SIOUX FALLS

Sun 10:00AM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (C,D)

Sun 6:15PM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (C,D)

Sun 8:00PM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (D,O)

Mon 10:00AM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (D,O)

Mon 6:15PM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (D,O)

Mon 8:00PM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (D,O)

Tue 10:00AM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (C,D)

Tue 6:15PM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (C,BK)

Tue 7:00PM Found the Way, Our Redeemer Lutheran Church, 2200 South Western Avenue, Sioux Falls, SD (D,O)

Wed 10:00AM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (C,D)

Wed 6:15PM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (D,O)

Wed 8:00PM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (C,BK)

Thu 10:00AM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (C,D)

Thu 6:15PM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (C,BK)

Thu 7:00PM Promise of Freedom, First Christian Church, 524 West 13th Street, Sioux Falls, SD, 57104 (D,O)

Thu 8:00PM Underground Group, Peace Lutheran Church, 5509 West 41st Street, Sioux Falls, SD, 57106 (C,BK)

SIOUX FALLS (CONT)

Fri 10:00AM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (C,BK)

Fri 6:15PM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (C,BK)

Fri 8:00PM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (C,D)

Fri 11:00PM Out of the Darkness, Restoration Baptist Church, Please use rear entrance, 1034 North Spring Avenue, Sioux Falls, SD, 57104 (O)

Sat 10:00AM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (D,O)

Sat 6:15PM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (C,D)

Sat 8:00PM Sioux Falls NA, 2110 West Burnside, Sioux Falls, SD, 57104 (D,O)

SPEARFISH

Mon 8:00PM Crow Peak Clean and Crazy, Spearfish Methodist Church, 845 North 5th Street, Spearfish, SD (O)

Tue 8:00PM Crow Peak Clean and Crazy, Spearfish Methodist Church, 845 North 5th Street, Spearfish, SD (C)

Wed 8:00PM Crow Peak Clean and Crazy, Spearfish Methodist Church, 845 North 5th Street, Spearfish, SD (O)

Sat 8:00PM Crow Peak Clean and Crazy, Spearfish Methodist Church, 845 North 5th Street, Spearfish, SD (CL,C)

STURGIS

Sun 7:00PM Do Good Feel Good, Serenity Building, 950 Main Street, Sturgis, SD (O)

Mon 7:00PM Do Good Feel Good, Serenity Building, 950 Main Street, Sturgis, SD (C,St)

Tue 6:30PM Do Good Feel Good, Serenity Building, Men's & Women's Meetings, 950 Main Street, Sturgis, SD (C)

Wed 7:00PM Do Good Feel Good, Serenity Building, Men's & Women's Meetings, 950 Main Street, Sturgis, SD (O)

Thu 7:00PM Do Good Feel Good, Serenity Building, Men's & Women's Meetings, 950 Main Street, Sturgis, SD (C,L)

Fri 7:00PM Do Good Feel Good, Serenity Building, Men's & Women's Meetings, 950 Main Street, Sturgis, SD (CL,L,O)

Sat 6:00PM Do Good Feel Good, Serenity Building, Men's & Women's Meetings, 950 Main Street, Sturgis, SD (O)

WATERTOWN

Sun 5:15PM Sunday NA, Salvation Arm, 621 4th St SE, Watertown, SD

Mon 7:00PM Watertown NA, Salvation Army Building, 621 4th Street SouthEast, Watertown, SD

Wed 8:00PM Watertown NA, Salvation Army Building, 621 4th Street SouthEast, Watertown, SD

Fri 8:00PM Friday NA Serenity Hills, Serenity Hills Halfway, 1526 Hwy 20 NW, Watertown, SD, 57201

YANKTON

Sun 8:00PM Road To Recovery, First United Methodist Church, Northeast Door, 207 West 11th Street, Yankton, SD (To,O)

Mon 8:00PM Road To Recovery, First United Methodist Church, Northeast Door, 207 West 11th Street, Yankton, SD (To,JT,O)

Wed 8:00PM Road To Recovery, First United Methodist Church, Northeast Door, 207 West 11th Street, Yankton, SD (BT,O)

Sat 8:00PM Road To Recovery, First United Methodist Church, Northeast Door, 207 West 11th Street, Yankton, SD (CL,O)