

THE TWELVE STEPS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

THE TWELVE TRADITIONS

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

Meeting Format Legend

AB	Ask-It-Basket	B	Beginners
BK	Book Study	BL	Bi-Lingual
BT	Basic Text	C	Closed
CC	Chairperson's Choice	CL	Candlelight
CP	Concepts	CW	Children Welcome
D	Discussion	FD	Five and Dime
GL	Gay/Lesbian	GP	Guiding Principles
H	Handicapped accessible	IP	Informational Pamphlet
IW	It Works -How and Why	LC	Living Clean
LT	Literature study	M	Men
ME	Meditation	NS	No Smoking
NT	No Tobacco	O	Open
O	Open	OE	Open-Ended
QA	Question and Answer	RF	Rotating Format
SC	Surveillance Cameras	SP	Spiritual Principle
SW	Step Writing Meeting	Spe	Speaker
St	Step	To	Topic
Tr	Tradition	W	Women
YP	Young People		

ALCOA

Sun 7:30PM Without Parallel, 4726 Airport Highway, Alcoa, TN, 37777 (O,D,NS)

Wed 7:30PM Without Parallel, 4726 Airport Highway, Alcoa, TN, 37777 (D,O,NS)

Thu 6:00PM Something More Than Free, Green Meadow United Methodist, 1633 Louisville Rd, Alcoa, TN, 37701 (D,C)

ARLINGTON

Mon 7:00PM Hope Dealers, Advent Presbyterian Church, 6176 Chester St, Arlington, TN, 38002 (D,O)

Sat 7:00PM Clean Steam, Steam Fitters Union, 5670 Commander Dr., Arlington, TN, 38002 (O)

ATHENS

Sun 3:00PM Serenity Group, St. Paul Episcopal Church, in white house across the street from church, 126 South Jackson St., Athens, TN, 37303 (RF,D,O) *Speaker Meeting - last Sunday of the month.*

Mon 8:00PM Serenity Group, St. Paul Episcopal Church, in white house across the street from church, 126 South Jackson St., Athens, TN, 37303 (LT,O)

Tue 8:00PM Serenity Group, St. Paul Episcopal Church, in white house across the street from church, 126 South Jackson St., Athens, TN, 37303 (O,AB)

Thu 8:00PM Serenity Group, St. Paul Episcopal Church, in white house across the street from church, 126 South Jackson St., Athens, TN, 37303 (O,CL)

Fri 1:00PM Serenity Group, St. Paul Episcopal Church, in white house across the street from church, 126 South Jackson St., Athens, TN, 37303 (O,D)

BARTLETT

Mon 7:00PM Something Different, Bartlett United Methodist Church, ROOM 200L, 5676 Stage Rd, Bartlett, TN, 38134 (O,NS)

BOLIVER

Mon 6:30PM Fanning the Flame, Hardeman Baptist Assn, 755 Vildo Rd, Boliver, TN, 38008 (D,O)

Thu 6:30PM Fanning the Flame, Hardeman Baptist Assn, 755 Vildo Rd, Boliver, TN, 38008 (D,C)

Sat 10:00AM Fanning the Flame, Hardeman Baptist Assn, 755 Vildo Rd, Boliver, TN, 38008 (D,O)

BRENTWOOD

Sat 7:30PM Saturday Night Live, Otter Creek Church of Christ, Enter on left side of building, 409 Franklin Rd, Brentwood, TN, 37027

BRISTOL

Fri 7:00PM Surrender to Win Group, 322 Vance Dr., Bristol, TN, 37620 (H,NT,O)

CAMDEN

Mon 7:00PM Miracles Happen, Library, 121 Forrest Ave, Camden, TN, 38320 (BK)

Thu 7:00PM Miracles Happen, Library, 121 Forrest Ave, Camden, TN, 38320 (C,D)

Sat 7:00PM Miracles Happen, Library, 121 Forrest Ave, Camden, TN, 38320 (D,C)

CARTHAGE

Thu NOON Step Sisters Group, The Emmanuel House, 703 N. Main Street, Carthage, TN, 37030 (D,W)

CENTERVILLE

Thu 7:00PM Imagine the Freedom Group, Fairfield Church of Christ, 1860 Highway 100, Centerville, TN, 37033 (O,D)

CHAPEL HILL

Tue 7:00PM Get Honest Hour, Grove Hill Chrch, 5216 Nashville Highway, Chapel Hill, TN, 37034 (YP,D,B)

CHATTANOOGA

Sun NOON New Horizons Group, 5455 North Terrace, Chattanooga, TN, 37411 (H,O,D)

Sun 6:00PM The Next Right Thing, 1800 Rossville Avenue, Chattanooga, TN, 37408 (H,D,O)

Sun 6:30PM Never Alone Group, CADAS, 207 Spears Ave., Chattanooga, TN, 37405 (St,RF,H,O) *Speaker Meeting 4th Sunday of the month*

Sun 7:30PM Someone Believes in Me, East Brainerd Club, 8115 E. Brainerd Rd. Suite 22, Chattanooga, TN, 37412 (D,H,O)

Sun 8:00PM Hope Not Dope, Focus Healthcare, 7429 Shallowford Rd., Chattanooga, TN, 37421 (D,O,LT)

Mon NOON New Horizons Group, 5455 North Terrace, Chattanooga, TN, 37411 (O,H,D)

Mon 7:30PM No Matter What, Christ Unity Church, 105 McBrien Rd., Chattanooga, TN, 37411 (O,H,To)

SPRING HILL (CONT)

Wed 7:00PM We Do Recover, Town Center, Cumberland Heights Outpatient, 220 Town Center Parkway, #205, Spring Hill, TN, 37174 (D)

SWEETWATER

Mon 8:00PM Serenity in Sweetwater, Sweetwater Hospital, Conference Room - Next to Cafeteria, 304 Wright St., Sweetwater, TN, 37874 (NS,O)

Fri 8:00PM Serenity in Sweetwater, Sweetwater Hospital, Conference Room - Next to Cafeteria, 304 Wright St., Sweetwater, TN, 37874 (NS,O)

TAZEWELL

Tue 6:30PM New Way of Life, Tazewell Church of Christ, 2nd Tuesday of each month., 1605 Tazewell Rd, Tazewell, TN, 37879 (O,D,H)

Thu 8:00PM New Way of Life, Tazewell Church of Christ, 1605 Tazewell Rd, Tazewell, TN, 37879

TULLAHOMA

Mon 5:30PM Friends In Recovery, 313 N. Collins St., Tullahoma, TN, 37388 (LT)

Thu 6:30PM Friends In Recovery, 313 N. Collins St., Tullahoma, TN, 37388 (LT)

UNION CITY

Sun 6:30PM Free Spirit, St. James Episcopal Church, Parking in rear, 422 E Church St., Union City, TN, 38261 (O,D) *Candle Light Meeting*

Mon NOON Free Spirit, St. James Episcopal Church, Parking in rear, 422 E Church St., Union City, TN, 38261 (O,D)

Mon 6:30PM Free Spirit, St. James Episcopal Church, Parking in rear, 422 E Church St., Union City, TN, 38261 (BK)

Tue NOON Free Spirit, St. James Episcopal Church, Parking in rear, 422 E Church St., Union City, TN, 38261 (D,O)

Tue 6:30PM Free Spirit, St. James Episcopal Church, Parking in rear, 422 E Church St., Union City, TN, 38261 (D,O)

Thu NOON Free Spirit, St. James Episcopal Church, Parking in rear, 422 E Church St., Union City, TN, 38261 (D,O)

Thu 6:30PM Free Spirit, St. James Episcopal Church, Parking in rear, 422 E Church St., Union City, TN, 38261 (O,D)

Fri NOON Free Spirit, St. James Episcopal Church, Parking in rear, 422 E Church St., Union City, TN, 38261 (D,O)

Fri 6:30PM Free Spirit, St. James Episcopal Church, Parking in rear, 422 E Church St., Union City, TN, 38261 (O,D)

Sat NOON Free Spirit, St. James Episcopal Church, Parking in rear, 422 E Church St., Union City, TN, 38261 (D,O)

Sat 6:30PM Free Spirit, St. James Episcopal Church, Parking in rear, 422 E Church St., Union City, TN, 38261 (D,O) *Tradition Study Meeting*

WESTMORELAND

Tue 7:00PM Hope Not Dope, Westmoreland Church of Christ, 1600 New Hwy 52, Westmoreland, TN, 37186 (O)

Thu 7:00PM Hope Not Dope, Westmoreland Church of Christ, 1600 New Hwy 52, Westmoreland, TN, 37186 (O)

WOODBURY

Sun 7:00PM The Woodbury Group, 609 Lehman Street, Woodbury, TN, 37190 (OE,C)

Wed 7:00PM The Woodbury Group, Senior Citizens Center, 609 Lehman Street, Woodbury, TN, 37190 (D)

ROCKFORD (CONT)

Wed 8:00PM Little River Group, AROCK inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853 (NS,IP) *2nd Wednesday Group Conscience - No Meeting*

Thu 8:00PM Little River Group, AROCK inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853 (NS,Spe)

Fri 8:00PM Little River Group, AROCK inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853 (BT,NS,C)

Sat NOON Little River Group, Arock Inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853 (C,NS)

Sat 8:30PM Little River Group, AROCK inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853 (NS,C)

ROCKWOOD

Thu 6:30PM It's a Beautiful Day, Rockwood Methodist Church, 801 N Kingston Ave., Rockwood, TN, 37854

ROGERSVILLE

Thu 7:00PM Right Foot Forward, Faith Assembly Church, Big yellow house up the hill of 11W, 106 Blevins Rd, Rogersville, TN, 37857 (O,D) *1st Thursday of month is Tradition Study from The Guiding Principles*

SAVANNAH

Mon 8:00PM Real Talk, Temple Baptist Church, 9030 Highway 64, Savannah, TN, 38372

Thu 8:00PM Real Talk, Temple Baptist Church, 9030 Highway 64, Savannah, TN, 38372

SEVIERVILLE

Sun 6:30PM Solution Seekers, Smoky Mountain Christian Church, 125 South Boulevard, Sevierville, TN, 37876 (O,D)

SHELBYVILLE

Sun 2:00PM Keep it Real, 206 Madison St, Shelbyville, TN, 37160 (BK,CL)

Mon 7:00PM Step Soldiers, Open Discussion, 206 Madison Street, Shelbyville, TN, 37160

Tue 7:00PM Keep it Real, 206 Madison St, Shelbyville, TN, 37160 (CL)

Fri 7:00PM Keep it Real, 206 Madison St, Shelbyville, TN, 37160 (O,D) *Last Friday of the month is a speaker meeting.*

SMITHVILLE

Sun 7:00PM Clean N Serene, 105 W Webb Street, Smithville, TN, 37166

Mon 7:00PM Clean N Serene, 105 W Webb Street, Smithville, TN, 37166

Tue 7:00PM Clean N Serene, 105 W Webb Street, Smithville, TN, 37166

Wed 7:00PM Clean N Serene, 105 W Webb Street, Smithville, TN, 37166

Thu 7:00PM Clean N Serene, 105 W Webb Street, Smithville, TN, 37166

Fri 7:00PM Clean N Serene, 105 W Webb Street, Smithville, TN, 37166 (D)

Sat 7:00PM Clean N Serene, 105 W Webb Street, Smithville, TN, 37166

SMYRNA

Mon 6:30PM Promise Of Freedom, Follow NA Signs to Find Meeting Room, 405 Smyrna Square Drive, Smyrna, TN, 37167 (LT,C)

SPARTA

Sun 7:00PM Sparta N.A. Group, Mary Turner Scott Building, West Side Hwy. 111, 180 Janice Court, Sparta, TN, 38583 (O,D)

Mon 7:00PM Sparta N.A. Group, Mary Turner Scott Building, West Side Hwy. 111, 180 Janice Court, Sparta, TN, 38583 (LT)

Wed 7:00PM Sparta N.A. Group, Mary Turner Scott Building, West Side Hwy. 111, 180 Janice Court, Sparta, TN, 38583 (CL,D,O)

Wed 9:00PM Sparta N.A. Group, Mary Turner Scott Building, West Side Hwy. 111, 180 Janice Court, Sparta, TN, 38583 (D,CL,O)

Fri 7:00PM Sparta N.A. Group, Mary Turner Scott Building, West Side Hwy. 111, 180 Janice Court, Sparta, TN, 38583 (O,D,CL)

SPENCER

Tue 7:00PM United as One, Spencer Fair Barn, 288 Spring St., Spencer, TN, 38585

Thu 7:00PM United as One, Spencer Fair Barn, 288 Spring St., Spencer, TN, 38585

SPRINGFIELD

Tue 7:00PM Hope Fiends, 300 10th Avenue, Springfield, TN, 37172 (D,O)

Sat NOON Discover Recovery Group, Epiphany Baptist Church, 508 South Main St, Springfield, TN, 37172

SPRING HILL

Sun 7:00PM We Do Recover, Town Center, Cumberland Heights Outpatient, 220 Town Center Parkway, #205, Spring Hill, TN, 37174 (D)

CHATTANOOGA (CONT)

Mon 8:05PM 8:05 Group, First Christian Church, 650 McCallie Ave., Chattanooga, TN, 37403 (H,O,RF,D) *Topic Discuss1st Monday of the month*

Tue NOON New Horizons Group, 5455 North Terrace, Chattanooga, TN, 37411 (H,O,LT)

Tue 6:00PM The Next Right Thing, 1800 Rossville Avenue, Chattanooga, TN, 37408 (O,H,D)

Tue 7:00PM 8:05 Group, First Christian Church, Women's Meeting, 650 McCallie Ave., Chattanooga, TN, 37403 (W,H,D,O)

Tue 7:30PM Hope Not Dope Group, Focus Healthcare, 7429 Shallowford Rd., Chattanooga, TN, 37421 (D,H,O)

Wed NOON New Horizons Group, 5455 North Terrace, Chattanooga, TN, 37411 (O,D,H)

Wed 7:00PM Survivors Group, Parkridge Hospital, in Fowler Classroom A, 2333 McCallie Ave., Chattanooga, TN, 37404 (RF,St,C,H) *Open meeting - last Wednesday of the month.*

Wed 7:30PM Someone Believes in Me, East Brainerd Club, 8115 E. Brainerd Rd. Suite 22, Chattanooga, TN, 37412 (H,O,D)

Wed 8:00PM Hope Not Dope Group, Parkridge Valley Adult & Senior Campus, 7351 Courage Way, Chattanooga, TN, 37421 (H,D,O)

Thu NOON New Horizons Group, 5455 North Terrace, Chattanooga, TN, 37411 (H,O,LT)

Thu 6:00PM The Next Right Thing, 1800 Rossville Avenue, Chattanooga, TN, 37408 (D,H,O)

Thu 8:00PM Today There is Hope!, Grace Episcopal Church, 20 Belvoir Ave., Chattanooga, TN, 37411 (H,LT,O)

Fri NOON New Horizons Group, 5455 North Terrace, Chattanooga, TN, 37411 (D,H,O)

Fri 7:30PM No Matter What, Hixson United Methodist Church, in Friendship Room Building next to church, 5301 Old Hixson Pike, Chattanooga, TN, 37343 (H,O,To)

Fri 8:05PM 8:05 Group, First Christian Church, 650 McCallie Ave., Chattanooga, TN, 37403 (O,H,RF,To) *Speaker meeting - 1st Friday of the month.*

Sat NOON New Horizons Group, 5455 North Terrace, Chattanooga, TN, 37411 (D,O,H)

Sat 6:00PM No Matter What, Bradford Health Services, 6160 Shallowford Rd. Suite 103, Chattanooga, TN, 37421 (D,H,O)

Sat 8:05PM 8:05 Group, Ascension Lutheran Church, 720 South Germantown Road, Chattanooga, TN, 37412 (H,O,To)

CLARKSVILLE

Sun 4:00PM New Beginnings Group, Immaculate Conception School Gym, 1901 Madison St, Clarksville, TN, 37043 (D,O)

Sun 8:00PM Serenity, Fountain of Life, 2510 U.S. 41 Alt Bypass, Clarksville, TN, 37043 (O,D)

Mon 6:00PM New Ambitions Group, First Christian Church, 516 Madison, Clarksville, TN, 37040 (D,O)

Tue 8:00PM Clean and Crazy Group, Trinity Episcopal Church, 317 Franklin St, Clarksville, TN, 37040 (O,H,D)

Wed 7:30PM Solutions Group, St Bethelehen United Methodist Church, 2201 Old Russellville Pk, Clarksville, TN, 37040 (D,H,O)

Thu 1:00PM 12&12, Immaculate Conception Church Office, Suite 9 in Church Office, 709 Franklin Street, Clarksville, TN, 37043 (O)

Thu 7:30PM Solutions Group, St Bethelehen United Methodist Church, 2201 Old Russellville Pk, Clarksville, TN, 37040 (D,O,LT,H)

Fri 6:00PM New Ambitions Group, First Christian Church, 516 Madison, Clarksville, TN, 37040 (O,D)

Sat 6:00PM Solutions Group, St Bethelehen United Methodist Church, 2201 Old Russellville Pk, Clarksville, TN, 37040 (D,H,O)

CLEVELAND

Sun 6:00PM New Realities Group, Cross Point Church, in mobile behind building, 450 Lang St NE, Cleveland, TN, 37311 (O.D,H)

Mon 8:00PM Turning Point Group, Cross Point, Behind church in mobile home, 450 Lang St N.E., Cleveland, TN, 37311 (O,AB,H,St,LC)

Tue 8:00PM Turning Point Group, Cross Point, Behind church in mobile home, 450 Lang St N.E., Cleveland, TN, 37311 (AB,H,LC,O,C)

Thu 8:00PM Turning Point Group, Cross Point, Behind church in mobile home, 450 Lang St N.E., Cleveland, TN, 37311 (D,H,AB,LC,O)

Fri 8:00PM Turning Point Group, Cross Point, Behind church in mobile home, 450 Lang St N.E., Cleveland, TN, 37311 (O,LC,CL,AB,H)

Sat 7:00PM New Realities Group, Cross Point Church, in mobile behind building, 450 Lang St. N.E., Cleveland, TN, 37311 (LT,O,H)

CLINTON

Thu 7:00PM Freeway, 136 Little Senator Cir, Clinton, TN, 37716 (NT,O,H)

COLUMBIA

Sun 7:00PM New Hope Group, St Peter's Episcopal Church, Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401
Closed meeting 1st Sunday of each month 6pm

Mon 7:00PM New Hope Group, St Peter's Episcopal Church, Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401

Tue 7:00PM New Hope Group, St Peter's Episcopal Church, Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401

Wed 7:00PM New Hope Group, St Peter's Episcopal Church, Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401

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Fri 7:00PM New Hope Group, St Peter's Episcopal Church, Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401

Sat 7:00PM New Hope Group, St Peter's Episcopal Church, Use Walker Street Entrance, 311 W 7th St., Columbia, TN, 38401

CORDOVA

Sun 6:30PM Cordova Hope, Hope Presbyterian Room 230, Courtyard Entrance, 8500 Walnut Grove, Cordova, TN, 38018 (O,D,NS)

Tue NOON Cordova Hope, Hope Presbyterian, Room 227, 8500 Walnut Grove, Cordova, TN, 38018 (NS,D,O)

Tue 8:00PM Clarity, Hope Presbyterian, Room 227, 8500 Walnut Grove, Cordova, TN, 38018 (D,O,NS)

Wed 8:00PM Doing This Thing, Hope Presbyterian, Room 227 - 2nd floor, 8500 Walnut Grove, Cordova, TN, 38018 (O,D,BT,H,YP)

Thu NOON Cordova Hope, Hope Presbyterian, Room 227, 8500 Walnut Grove, Cordova, TN, 38018 (D,O,NS)

Thu 8:00PM Clarity, Hope Presbyterian, Room 227, 8500 Walnut Grove, Cordova, TN, 38018 (NS,D,O)

COVINGTON

Tue 7:00PM G.I.F.T (Growing in Faith Today), 1st Presbyterian Church, 403 South Main Street, Covington, TN, 38019 (BT,O)

Fri 7:00PM One is Too Many, 303 W. Ripley St, Covington, TN, 38019 (O,NS)

CROSSVILLE

Sun 5:30PM New Way to Live Group, Fourth Dimension Club, 8/10 mile past K-Mart on left, 2229 West Ave., Crossville, TN, 38555 (C,NS,LT,H,D)

Mon 8:00AM Getting Started Group, Fourth Dimension Club, 8/10 mile past K-Mart on left, 2229 West Ave., Crossville, TN, 38555 (H,D,C,NS)

Mon 6:30PM Crossville N.A. Group, Fourth Dimension Club, 8/10 mile past K-Mart on left, 2229 West Ave., Crossville, TN, 38555 (NS,H,D,C)

Tue NOON We Got Today Group, Fourth Dimension Club, 8/10 mile past K-Mart on left, 2229 West Ave., Crossville, TN, 38555 (D,NS,H,O)

Tue 6:30PM New Way to Live Group, Fourth Dimension Club, 8/10 mile past K-Mart on left, 2229 West Ave., Crossville, TN, 38555 (H,C,NS,LT,D)

Wed NOON Crossville N.A. Group, Fourth Dimension Club, 8/10 mile past K-Mart on left, 2229 West Ave., Crossville, TN, 38555 (NS,LT,H,C,D)

Wed 6:30PM Crossville N.A. Group, Fourth Dimension Club, 8/10 mile past K-Mart on left, 2229 West Ave., Crossville, TN, 38555 (NS,LT,H,C,D)

Thu NOON We Got Today Group, Fourth Dimension Club, 8/10 mile past K-Mart on left, 2229 West Ave., Crossville, TN, 38555 (D,H,NS,St,C)

Thu 6:30PM Crossville N.A. Group, Fourth Dimension Club, 8/10 mile past K-Mart on left, 2229 West Ave., Crossville, TN, 38555 (LT,NS,D,H,C)

Fri NOON Crossville N.A. Group, Fourth Dimension Club, 8/10 mile past K-Mart on left, 2229 West Ave., Crossville, TN, 38555 (Spe,H,D,O,NS)

Fri 6:30PM Crossville N.A. Group, Fourth Dimension Club, 8/10 mile past K-Mart on left, 2229 West Ave., Crossville, TN, 38555 (Spe,NS,H,O,D)

Sat 6:30PM Crossville N.A. Group, Fourth Dimension Club, 8/10 mile past K-Mart on left, 2229 West Ave., Crossville, TN, 38555 (D,NS,CL,O)

DANDRIDGE

Mon 8:00PM Easy Does It, First United Methodist Church, 121 E. Meeting Street, Dandridge, TN, 37725 (IW,O,BK,H,BT)

Wed 8:00PM Easy Does It, First United Methodist Church, 121 E. Meeting Street, Dandridge, TN, 37725 (O,BK,IW,BT,H)

DAYTON

Tue 7:00PM Spiritual Conditions Group, Mountain View United Methodist Church, 124 Shasta Ave., Dayton, TN, 37321 (LT,H,O)

Sat 7:30PM Spiritual Conditions Group, Mountain View United Methodist Church, 124 Shasta Ave., Dayton, TN, 37321 (O,D,H)

OAK RIDGE (CONT)

Sun 8:00PM Glow in the Dark, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (NS,D,H,O)

Mon NOON Glow in the Dark, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (D,C,H,O,NS)

Mon 6:30PM Easy Does It, Christ Community Church, 100 Ogden Lane, Oak Ridge, TN, 37830 (NS,D,C,H,NT)

Mon 6:30PM One More 24, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (O,NS)

Mon 8:00PM Glow in the Dark, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (NS,H)

Tue 6:30PM One More 24, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (NS,C)

Tue 8:00PM Glow in the Dark, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (NS,D,O,H)

Wed NOON Glow in the Dark, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (D,H,NS,O)

Wed 6:30PM One More 24, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (NS,C)

Wed 8:00PM Glow in the Dark, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (D,NS,O,H)

Thu 10:00AM One More 24, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (C,NS)

Thu 6:30PM One More 24, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (NS,C)

Thu 8:00PM Glow in the Dark, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (H,O,NS,D)

Fri NOON Glow in the Dark, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (NS,C,H)

Fri 6:30PM One More 24, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (C,NS)

Fri 8:00PM Glow in the Dark, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (H,C,NS)

Sat 6:30PM One More 24, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (NS,C)

Sat 8:00PM Glow in the Dark, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (H,CL,D,NS,C)

ONEIDA

Thu 7:00PM Spiritual Awakening, 234 N. Main St, Oneida, TN, 37841 (C,D)

PARIS

Sun 7:00PM Free Spirit, Grace Episcopal Church, 103 S Poplar Street, Paris, TN, 38242 (D,O)

Tue 7:00PM Free Spirit, Grace Episcopal Church, 103 S Poplar Street, Paris, TN, 38242 (D,O)

Wed 7:00PM Free Spirit, 103 S. Poplar Street, Paris, TN, 38242 *Womens Meeting @ 8pm on Wednesdays*

Fri 7:00PM Free Spirit, Grace Episcopal Church, 103 S Poplar Street, Paris, TN, 38242 (NS,O,D)

PARSONS

Fri 7:00PM More Will Be Revealed, First Methodist Church, Fellowship Hall, 49 East 3rd Street, Parsons, TN, 38363 (O,NS)

PIGEON FORGE

Tue 6:30PM There Is Hope, Pigeon Forge Library, 2448 Library Road, Pigeon Forge, TN, 37863 (C,D)

PORTLAND

Sun 6:00PM R.I.P. (Recovery In Progress), First Baptist Church, 106 North Broadway, Room 2221, Portland, TN, 37148 (D)

Thu 7:00PM R.I.P.-Recovery in Progress, First Baptist Church, Room 2212, 106 N Broadway, Portland, TN, 37148

Thu 7:30PM It's a Brand New Day, First Freewill Baptist Church, 115 Old Westmorland, Portland, TN, 37148 (C)

POWELL

Sun 1:00PM Recovery at Work, Powell Methodist Church, 323 W Emory Rd, Powell, TN, 37849 (C,RF)

Sun 8:00PM Changes, Lighthouse Christian Church, 8015 Facade Ln., Powell, TN, 37849 (H,O)

Wed 8:00PM Changes, Lighthouse Christian Church, 8015 Facade Ln., Powell, TN, 37849 (Spe,H)

PULASKI

Sun 7:00PM Do What We Do Group, 202 S 2nd St, Pulaski, TN, 38478 (O)

Tue 7:00PM Do What We Do Group, 202 S 2nd St, Pulaski, TN, 38478

Thu 7:00PM Do What We Do Group, 202 S 2nd St, Pulaski, TN, 38478

ROCKFORD

Sun NOON Little River Group, Arock Inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853 (O,NS)

Sun 8:00PM Little River Group, AROCK inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853 (NS,B,O)

Mon 8:00PM Little River Group, AROCK inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853 (C,NS,To)

Tue 8:00PM Little River Group, AROCK inc., 3722 Old Knoxville Hwy, Rockford, TN, 37853 (D,C,NS)

NASHVILLE (CONT)

Tue NOON Out to Lunch Bunch, Belmont United Methodist Church, 2007 Acklen Ave, Nashville, TN, 37212 *There's one hour free garage behind Jeni's Ice Cream on Acklen Ave*

Tue 5:30PM Happy Hour, Belmont United Methodist Church, 2007 Acklen Ave, Nashville, TN, 37212

Tue 7:00PM Open Arms, Jackson Street Missionary Baptist Church, 1209 Jackson Street, Nashville, TN, 37208

Tue 7:30PM Eastside Men's Meditation, Woodlawn Presbyterian Church (entrance on Gartland Ave), 211 N. 11th Street, Nashville, TN, 37206 (M,ME)

Tue 7:30PM REAL, Last Stop Club, Meeting is in the basement, 2122 Utopia Avenue, Nashville, TN, 37211 (D,O)

Tue 7:30PM Vision of Hope, Priest Lake Presbyterian Church, 2787 Smith Springs Rd, Nashville, TN, 37217

Wed NOON Out to Lunch Bunch, Belmont United Methodist Church, 2007 Acklen Ave, Nashville, TN, 37212

Wed 7:00PM Spirit, Mt. Zion Baptist Church, 1112 Jefferson St, Nashville, TN, 37208

Wed 7:30PM Fan The Flame, Brook Hollow Baptist Church, NEW LOCATION AS OF JUNE 6, 678 Brook Hollow Road (Main Entrance), Nashville, TN, 37209 (C,LT)

Wed 7:30PM Step by Step, Creevewood United Methodist Church, 451 Hogan Rd, Nashville, TN, 37220

Thu 11:30AM Midday Miracles, Missionary Baptist Church, 2708 Jefferson Street, Nashville, TN, 37208 (D,O)

Thu NOON Out to Lunch Bunch, Belmont United Methodist Church, 2007 Acklen Ave, Nashville, TN, 37212 *There's one hour free garage behind Jeni's Ice Cream on Acklen Ave*

Thu 4:30PM Freedom and Goodwill, Goodwill Industries, 937 Herman St, Nashville, TN, 37208

Thu 5:30PM Happy Hour, Belmont United Methodist Church, 2007 Acklen Ave, Nashville, TN, 37212

Thu 7:00PM For Addicts Only, Highland Park Church, 5710 Knob Rd., Nashville, TN, 37209

Thu 7:00PM New Freedom Fighters, Salvation Army, 631 Dickerson Road, Nashville, TN, 37027 (D) *1st & 3rd Thursdays are Men's Meetings.*

Thu 7:30PM New, New Horizons, Metropolitan Interdenominational Church, 2128 11th Ave N, Nashville, TN, 37208 (D,St)

Thu 7:30PM REAL, Last Stop Club, Meeting is in the basement, 2122 Utopia Avenue, Nashville, TN, 37211 (LT,Spe,D,O) *Last Thursday of month is a Speaker meeting. All other Thursdays are Literature meetings.*

Thu 8:00PM Addicted to Recovery, Last Stop Club, 2122 Utopia Ave, Nashville, TN, 37211 (D)

Fri 11:30AM Midday Miracles, Missionary Baptist Church, 2708 Jefferson Street, Nashville, TN, 37208 (D,O)

Fri NOON Out to Lunch Bunch, Belmont United Methodist Church, 2007 Acklen Ave, Nashville, TN, 37212 *There's one hour free garage behind Jeni's Ice Cream on Acklen Ave*

Fri 5:30PM Happy Hour, Belmont United Methodist Church, 2007 Acklen Ave, Nashville, TN, 37212

Fri 7:00PM SHE-PACK, Ephesian Primitive Baptist Church, 1506 22nd Ave. N., Nashville, TN, 37208 (W)

Fri 7:30PM Moon Dog, Gordon Memorial United Methodist Church, 2334 Herman Street, Nashville, TN, 37208

Fri 7:30PM Step by Step, Creevewood United Methodist Church, 451 Hogan Rd, Nashville, TN, 37220

Fri 7:30PM The Young and Restless Group, Edgehill United Methodist Church, 1414 Edgehill Ave, Nashville, TN, 37212 (Spe,GL,YP,D)

Sat 10:30AM Out to Lunch Bunch, Belmont United Methodist Church, 2007 Acklen Ave, Nashville, TN, 37212 *There's one hour free garage behind Jeni's Ice Cream on Acklen Ave*

Sat 5:00PM Five Alive, New Destiny Christian Church, 3810 Gallatin Rd, Nashville, TN, 37216

Sat 5:30PM Promise of Freedom, St. Augustine's Church, 200 24th Ave South, Nashville, TN, 37212 (D)

Sat 6:00PM Women of Hope, Inglewood United Methodist Church, 3511 Gallatin Pike, Nashville, TN, 37216 (W,B,D)

Sat 7:00PM Saturday Sundowners, Emmanuel Missionary Baptist Church, 934 43rd Ave N, Nashville, TN, 37209

Sat 7:30PM REAL, Last Stop Club, Meeting is the the basement, 2122 Utopia Avenue, Nashville, TN, 37211 (D,O) *Blacklight Meeting*

Sat 8:00PM Addicted to Recovery, Last Stop Club, 2122 Utopia Ave, Nashville, TN, 37211 (D,BL)

NEWBERN

Wed 8:00PM Never Alone, City Court Building, 121 E. Main St., Newbern, TN, 38059 (D,C)

NEWPORT

Sun 8:00PM Newport-NA, First Baptist Church, 261 E Broadway Street, Newport, TN, 37821 (D,O)

Fri 8:00PM Newport-NA, First Baptist Church, 261 E Broadway Street, Newport, TN, 37821 (D,O)

OAK RIDGE

Sun 6:30PM One More 24, Serenity Club, 170 N Jefferson Cir, Oak Ridge, TN, 37830 (C,NS)

DECHERD

Wed 7:00PM Decherd Surrender, Decherd United Methodist Church, Open/Topic Meeting, Decherd, TN, 37324 (To)

DICKSON

Sun 10:30AM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055

Sun 7:00PM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055

Mon 7:00PM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055

Tue 8:00PM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055

Wed 6:00PM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055

Thu 8:00PM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055

Fri 8:00PM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055

Sat 11:30AM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055

Sat 6:00PM Speaking of Recovery, Saint James Episcopal Church, 205 Church St, Dickson, TN, 37055

Sat 8:00PM Unloaded, DAFA House, 110 S Main St, Dickson, TN, 37055

DOVER

Sat 7:00PM Give Us This Day, Stewart County Senior Center, 111 General Rice Steet, Dover, TN, 37068 (D)

DUNLAP

Tue 6:30PM So Now What?, Dunlap United Methodist Church, 1958 Main St., Dunlap, TN, 37327 (O,H,D)

DYERSBURG

Mon 7:30PM Dyersburg NA, St.Mary's Parish, 108 King Ave, Dyersburg, TN, 38024 (BK)

Tue 7:30PM Dyersburg NA, St.Mary's Parish, 108 King Ave, Dyersburg, TN, 38024 (O,D)

Fri 7:30PM Dyersburg NA, St.Mary's Parish, 108 King Ave, Dyersburg, TN, 38024 (D,O)

ELIZABETHTON

Wed 8:00PM Just For Today Group, 439 E. Elk Ave, Elizabethton, TN, 37643 (O,NT)

Sat 12:15PM Just For Today Group, 439 E. Elk Ave., Elizabethton, TN, 37643 (NT,O)

ERIN

Fri 7:30PM Houston County Group, First Assembly of God, 700 Arlington St, Erin, TN, 37061

FARRAGUT

Tue 7:30PM Primary Purpose, St. Elizabeth's Episcopal Church, 110 Sugarwood Dr., Farragut, TN, 37934 (O,To,NS,D)

FRANKLIN

Thu 7:00PM Family is Forever, Franklin First United Methodist Church, Go to South side of building and look for the balcony. Walk up the stairs to the second level balcony/porch, enter into the youth center through the outside glass doors and take an immediate left to find the room located at back of youth center room., 120 Aldersgate Way, Franklin, TN, 37069 (D,O)

GALLATIN

Fri 7:00PM Breaking The Chains, Sumner County Recovery Court, 132 South Water, Gallatin, TN, 37066 (D)

GREENEVILLE

Sun 7:00PM Primary Purpose, Asbury United Methodist Church, 201 S Main St., Greeneville, TN, 37743 (NT,O,H)

Tue 7:00PM Primary Purpose, Asbury United Methodist Church, 201 S Main St., Greeneville, TN, 37743 (NT,H,O)

Thu 7:00PM Primary Purpose, Asbury United Methodist Church, 201 S Main St., Greeneville, TN, 37743 (NT,O,H)

HENDERSON

Thu 6:00PM Henderson, The Next Level Church, Henderson, TN, 38340 *Starting February 7, 2019*

HENDERSONVILLE

Mon 7:00PM Home Sweet Home, First Presbyterian Church, 172 West Main St, Hendersonville, TN, 37075

Tue 6:30PM It Just Gets Better, Good Shepherd United Methodist Church, Cabin adjacent to the church, 525 New Shackle Island Road, Hendersonville, TN, 37075 (BK)

Wed 7:00PM Home Sweet Home, First Presbyterian Church, 172 West Main St, Hendersonville, TN, 37075 (LT)

Thu 7:00PM It Just Gets Better, Good Shepherd Methodist Church, 525 New Shackle Island Rd, Hendersonville, TN, 37075 (BK)

Fri 7:30PM Home Sweet Home, First Presbyterian Church, 172 West Main St, Hendersonville, TN, 37075

HENDERSONVILLE (CONT)

Sat NOON It Just Gets Better for Lunch, Good Shepherd Methodist Church, 525 New Shackle Island Rd, Hendersonville, TN, 37075

Sat 6:00PM It Just Gets Better, Good Shepherd Methodist Church, 525 New Shackle Island Rd, Hendersonville, TN, 37075

HERMITAGE

Sun 7:00PM Sunday Solutions, Cumberland Heights Outpatient Center, 1st Sunday is a Lit study, 3441 Lebanon Road, Suite 108, Hermitage, TN, 37076 (NS,H,O)

Mon 7:30PM Miracles on Monday, Emmanuel Lutheran Church, 1003 Hickory Hills Lane, Hermitage, TN, 37076 (D,O)

Wed 7:30PM Another Choice, Dodson Chapel Childcare, 4190 Dodson Chapel Road, Hermitage, TN, 37076

Fri 7:30PM Last House on the Block, Hermitage United Methodist Church, 205 Belinda Dr, Hermitage, TN, 37076 (D)

Sat 7:30PM Another Choice, Dodson Chapel Childcare, 4190 Dodson Chapel Road, Hermitage, TN, 37076

HOHENWALD

Sun 7:00PM New Comers Group, Hohenwald First United Methodist Church, 200 Court Street, Hohenwald, TN, 38462 (D,LT)

Tue 7:00PM New Comers Group, Hohenwald First United Methodist Church, 200 Court Street, Hohenwald, TN, 38462 (LT,D)

Thu 7:00PM New Comers Group, Hohenwald First United Methodist Church, 200 Court Street, Hohenwald, TN, 38462 (D,LT)

Sat 7:00PM New Comers Group, Hohenwald First United Methodist Church, 200 Court Street, Hohenwald, TN, 38462 (D,LT)

HUMBOLDT

Mon 5:00PM Life in Recovery, Alternative Choices, 1309 S. Main St., Humboldt, TN, 38343 (O,D)

JACKSON

Sun 7:15PM Design for Living, Pathways, 238 Summar Dr, Jackson, TN, 38301 (BK)

Mon 7:00PM Never Alone, New Hope Ministries, 696 Wallace Rd, Jackson, TN, 38305 (D,C)

Tue 7:30PM Gift of Desperation, Lambuth UMC, 160 Campbell Street, Jackson, TN, 38301 (D,C)

Wed 7:30PM Gift of Desperation, Lambuth UMC, 160 Campbell Street, Jackson, TN, 38301 (D,C)

Wed 8:00PM Sowing the Seed, Rebos Clubhouse, 219 N Parkway Ste 6, Jackson, TN, 38301 (O,D)

Thu 7:00PM Design for Living, Pathways, 238 Summar Dr, Jackson, TN, 38301 (BK)

Fri 7:00PM Never Alone, New Hope Ministries, 696 Wallace Rd, Jackson, TN, 38305 (C,D)

Sat 9:00PM Sowing the Seed, Rebos Clubhouse, 219 N Parkway Ste 6, Jackson, TN, 38301 (O,D,CL)

JEFFERSON CITY

Tue 8:00PM Between the Lakes, Emmanuel Baptist Church, 1916 Overlook Dr, Jefferson City, TN, 37760 (O)

Thu 8:00PM Between the Lakes, Emmanuel Baptist Church, 1916 Overlook Dr, Jefferson City, TN, 37760 (BK,O)

Fri 8:30PM We Do Recover, George Street United Methodist Church, 1340 George Ave., Jefferson City, TN, 37760 (H,O)

JOHNSON CITY

Sun 7:00PM The End of the Road Group, Covenant Presbyterian Church, 603 Sunset Dr., Johnson City, TN, 37604 (O,NT,H)

Mon 7:00PM Miracles Happen, 105 S. Boone St., Johnson City, TN, 37604 (O,NT,H)

Mon 7:00PM Serenity Sisters, Boones Creek United Methodist, 110 Mary St., Johnson City, TN, 37615 (NT,H,O) *Women's Meeting*

Tue 7:00PM Nothing to Fear Group, Munsey Building, 215 East Market Street, Johnson City, TN, 37601 (O,NT,H)

Wed 12:30PM Nothing to Fear Group, Munsey Building, 215 East Market Street, Johnson City, TN, 37601 (CC,D,O)

Wed 7:00PM The End of the Road Group, Covenant Presbyterian Church, 603 Sunset Dr., Johnson City, TN, 37604 (NT,O,CL,H)

Thu 7:00PM Nothing to Fear Group, Munsey Building, 215 East Market Street, Johnson City, TN, 37601 (O,NT,H)

Fri 1:30PM The End of the Road Group, Covenant Presbyterian Church, 603 Sunset Dr., Johnson City, TN, 37604 (O,NT,CL,H)

Fri 7:00PM Miracles Happen, 105 S. Boone St., Johnson City, TN, 37604 (O,NT,H)

Sat 7:00PM Miracles Happen, 105 S. Boone St., Johnson City, TN, 37604 (O,BT,NT,H)

JONESBOROUGH

Mon 7:00PM Recovery Roosters, Blessed Virgin Episcopalian Church, 109 S. 2nd. Ave., Jonesborough, TN, 37659 (O,M)

KINGSPORT

Sun 7:00PM Caring Thru Sharing Group, Preston Hills Presbyterian Church, 4701 Orebank Rd., Kingsport, TN, 37664 (O,H,NT)

Mon NOON No Longer High, 1425 Center St, Kingsport, TN, 37664

Wed 7:00PM A New Way of Life Group, 1712 Lynn Garden Dr., Kingsport, TN, 37665 (NT,H,O)

MT. JULIET

Tue 7:30PM Recovery on the Mount, Green Hill Church of Christ, 11706 Lebanon Rd, Mt. Juliet, TN, 37122

Thu 7:30PM Recovery on the Mount, Green Hill Church of Christ, 11706 Lebanon Rd, Mt. Juliet, TN, 37122 (D)

MUNFORD

Mon 7:00PM Harmony, Biker Church, 120 Quinton Dr, Munford, TN, 38058 (O,NS)

Thu 7:00PM Harmony, Biker Church, 120 Quinton Drive, Munford, TN, 38058 (NS,O)

MURFREESBORO

Sun 10:00AM Spiritual Solutions, 745 South Church St. Suite 501, Murfreesboro, TN, 37130 (C)

Sun 5:30PM The Ties That Bind Us, 315 John R Rice Blvd, Murfreesboro, TN, 37130 (LT,C)

Mon 6:00PM By The Book, Real Life Community Church, 2022 E. Main St., Murfreesboro, TN, 37130 (BT,C,NS)

Mon 6:00PM Spiritual Solutions, All Addicts, Closed Meeting, 745 South Church St. Suite 501, Murfreesboro, TN, 37130 (NS,C)

Mon 7:00PM Rutherford County Night Owls, Patterson Park Center, Speaker Meeting, 521 Mercury Blvd, Murfreesboro, TN, 37130 (O)

Tue 6:00PM By The Book, 2022 E. Main St, Murfreesboro, TN, 37130 (LT)

Tue 7:00PM Rutherford County Night Owls, Patterson Park Center, Literature Meeting, 521 Mercury Blvd, Murfreesboro, TN, 37130 (O)

Wed 6:00PM Spiritual Solutions (MENS), Men's meeting is in a different room than women's meeting., 745 South Church St Suite 501, Murfreesboro, TN, 37130 (NS,C,M)

Wed 6:00PM Spiritual Solutions (WOMENS), Women's meeting is in a different room than men's meeting., 745 South Church St Suite 501, Murfreesboro, TN, 37130 (NS,C,W)

Wed 7:00PM Rutherford County Night Owls, Patterson Park Center, Just For Today reading, 521 Mercury Blvd, Murfreesboro, TN, 37130 (O)

Thu 6:00PM By the Book, 2022 E. Main St, Murfreesboro, TN, 37130 (CP,St,LT)

Thu 6:00PM Spiritual Solutions, 745 South Church St. Suite 501, Murfreesboro, TN, 37130 (C,D,NS)

Fri 6:00PM Spiritual Solutions, 745 South Church St. Suite 501, Murfreesboro, TN, 37130 (NS,C)

Fri 7:00PM Rutherford County Night Owls, Patterson Park Center, Candlelight Meeting, 521 Mercury Blvd, Murfreesboro, TN, 37130 (O)

Fri 9:00PM Never Alone, Saint Thomas Rutherford Hospital (Classroom B), Enter Main Hospital Doors. Walk down Hallway Next to Gift Shop., 1700 Medical Center Pkwy, Murfreesboro, TN, 37129

Sat 10:00AM Never Alone, Saint Thomas Rutherford Hospital (Classroom B) (Meeting Time Changing to 10 a.m. in November 2019) Enter Main Hospital Entrance (Not ER). Walk down Hallway Next to Gift Shop., 1700 Medical Center Pkwy, Murfreesboro, TN, 37129 (To,O)

Sat 7:00PM Rutherford County Night Owls, Greenhouse Ministries, 309 S Spring St, Murfreesboro, TN, 37130 (O,D)

NASHVILLE

Sun 12:30PM 1-2-3 Cha Cha Cha, Goodwill Industries, Room 223, 2nd Floor, 937 Herman Street, Nashville, TN, 37208 (Spe,LT)

Sun 6:00PM Bordeaux Group, House of Prayer Church, 1909 County Hospital rd., Nashville, TN, 37218 (O)

Sun 6:30PM OMG (Only My Girls), New Life Foundation, 5925 O'Brien Ave, Nashville, TN, 37209 (Spe,CL,LT,W,D) *Format for each Sunday: 1) Living Clean Book Study, 2) Candlelight, 3) Clean Time Celebration or Speaker, 4) Open Discussion, 5) Guiding Principles Study*

Sun 6:30PM Progress Not Perfection, Eastland Christian Church, 1601 Eastland Ave, Nashville, TN, 37206 *NEW TIME AS OF 1/1/19*

Sun 7:30PM It Works, Greater Bethel AME Church, 1300 South St, Nashville, TN, 37212

Mon 11:30AM Midday Miracles, Missionary Baptist Church, 2708 Jefferson Street, Nashville, TN, 37208 (O,D)

Mon NOON Out to Lunch Bunch, Belmont United Methodist Church, Downstairs, 2007 Acklen Ave, Nashville, TN, 37212 (NS,O) *There's one hour free garage behind Jeni's Ice Cream on Acklen Ave*

Mon 5:30PM Happy Hour, Belmont United Methodist Church, Side Entrance - Downstairs - Community Center, 2007 Acklen Ave., Nashville, TN, 37212 (O)

Mon 7:00PM Ghostbusters, Metropolitan Interdenominational Church, 2128 11th Ave. North, Nashville, TN, 37208 (D,BK,O)

Mon 7:30PM Mother Group, Westend United Methodist Church, 2200 West End Avenue, Nashville, TN, 37203 (D,Tr,St,Spe,O)

Mon 8:00PM Addicted to Recovery, Last Stop Club, 2122 Utopia Ave, Nashville, TN, 37211 (D)

Tue 11:30AM Midday Miracles, Missionary Baptist Church, 2708 Jefferson Street, Nashville, TN, 37208 (O,D)

MEMPHIS (CONT)

Wed 10:30AM Positive Awarness, First Congregational Church, Rear entrance by playground. Red Hostel door. Ring doorbell on 12-Step sign, 1000 South Cooper, Memphis, TN, 38104 (O,NS,D)

Wed NOON Lunch Bunch, The Commons, Enter on the north side of the bldg, downstairs in the basement, 258 N Merton St., Memphis, TN, 38112 (NS,D,O)

Wed 6:30PM Step Write In, Holy Communion, Enter on Walnut Grove, use center door, take elevator to 3rd floor.Room 348., 4645 Walnut Grove Rd, Memphis, TN, 38117 (SW)

Wed 7:00PM Desire, Trinity United Methodist Church, NE Corner Galloway and Evergreen, Enter in Rear down to basement, 1738 Galloway, Memphis, TN, 38112 (D,O,NS,CL)

Thu 8:00AM You + Me = We, First Congregational Church, Rear entrance by playground. Red Hostel door. Ring doorbell on 12-Step sign, 1000 South Cooper, Memphis, TN, 38104 (D,O)

Thu NOON Lunch Bunch, The Commons, Enter on the north side of the bldg, downstairs in the basement, 258 N Merton St., Memphis, TN, 38112 (O,NS,D)

Thu 6:00PM Good Orderly Direction, Baron Heights, 1385 Lamar, Memphis, TN, 38104 (O,D,NS)

Thu 7:00PM Thursday Nighters, Trinity United Methodist Church (Education Bldg), Enter in rear then down in basement, 1738 Galloway Ave., Memphis, TN, 38112 (D,NS,O)

Fri 8:00AM You + Me = We, First Congregational Church, Rear entrance by playground. Red Hostel door. Ring doorbell on 12-Step sign, 1000 South Cooper, Memphis, TN, 38104 (D,O,NS)

Fri 10:30AM Positive Awarness, First Congregational Church, Rear entrance by playground. Red Hostel door. Ring doorbell on 12-Step sign, 1000 South Cooper, Memphis, TN, 38104 (NS,O,D)

Fri NOON Lunch Bunch, The Commons, Enter on the north side of the bldg, downstairs in the basement, 258 N Merton St., Memphis, TN, 38112 (O,NS,D)

Fri 6:00PM Good Orderly Direction, Baron Heights, 1385 Lamar, Memphis, TN, 38104 (NS,D,O)

Fri 7:00PM Keep it Green, Trinity United Methodist Church (Education Bldg), Entrance in rear then down to the basement, 1738 Galloway, Memphis, TN, 38112 (O,D,To,NS)

Fri 8:00PM Spiritual Awakenings, Colonial Park United Methodist, White Building in the Back of the church property. Fireplace Room, 5330 Park, Memphis, TN, 38119 (BT,O,NS)

Fri 10:00PM Meeting after the Meeting, First Congregational, Rear entrance by playground. Red Hostel door. Ring doorbell on 12-Step sign, 1000 S Cooper, Memphis, TN, 38104 (NS,D,O)

Sat 8:00AM You + Me = We, First Congregational Church, Rear entrance by playground. Red Hostel door. Ring doorbell on 12-Step sign, 1000 South Cooper, Memphis, TN, 38104 (D,NS,O)

Sat NOON Lunch Bunch, The Commons, Enter on the north side of the bldg, downstairs in the basement, 258 N Merton St., Memphis, TN, 38112 (D,NS,O)

Sat 6:00PM We are Entirely Ready, Barron Heights Transitional Center, 1385 Lamar Ave, Memphis, TN, 38104 (O,NS)

Sat 6:30PM Saturday Night Alive, Trinity United Methodist Church-Education Building, Entrance in rear and down to basement, 1738 Galloway Avenue, Memphis, TN, 38112 (D,Spe,SC,To,O,NS)

Sat 8:00PM Clean A.I.R., Wesleyan Hills Methodist Church, Follow the signs, 390 S Yates, Memphis, TN, 38120 (D,O,NS)

Sat 10:00PM Meeting after the Meeting, First Congregational, Rear entrance by playground. Red Hostel door. Ring doorbell on 12-Step sign, 1000 S Cooper, Memphis, TN, 38104 (NS,O,D)

MILAN

Sun 6:00PM Clean & Serene, Vineyard, 1076 Wahl Street, Milan, TN, 38358 (O,D)

Mon 7:00PM Clean & Serene, Vineyard, 1076 Wahl Street, Milan, TN, 38358 (D,O)

Wed 7:00PM Clean & Serene, Vineyard, 1076 Wahl Street, Milan, TN, 38358 (BK)

Fri 7:00PM Clean & Serene, Vineyard, 1076 Wahl Street, Milan, TN, 38358 (O,D)

MONTEREY

Tue 7:00PM Monterey N.A. Group, Senior Citizens Building, 105 N. Elmore St, Monterey, TN, 38574 (O,D,H,NS)

MORRISTOWN

Sun 6:00PM Architects of Adversity, Panther Springs United Methodist Church, 4555 W. Andrew Johnson Hwy, Morristown, TN, 37814 (O,H) *Follow driveway around back and enter through glass doors, first room to the left*

Sun 8:00PM New Life Group, All Saints Episcopal Church, in back, 601 W. Main Street, Morristown, TN, 37814 (D,O)

Thu 7:00PM New Life Group, All Saints Episcopal Church, in back, 601 W. Main Street, Morristown, TN, 37814 (O,D)

Sat 8:00PM New Life Group, All Saints Episcopal Church, in back, 601 W. Main Street, Morristown, TN, 37814 (D,O)

KINGSPORT (CONT)

Thu 7:00PM Caring Thru Sharing Group, Preston Hills Presbyterian Church, 4701 Orebank Rd., Kingsport, TN, 37664 (H,NT,D,O)

Fri 7:00PM Caring Thru Sharing Group, Preston Hills Presbyterian Church, 4701 Orebank Rd., Kingsport, TN, 37664 (H,O,NT)

Sat 7:00PM A New Way of Life Group, 1712 Lynn Garden Dr., Kingsport, TN, 37665 (H,NT,O)

KNOXVILLE

Sun 1:00PM New Attitude Group, YWCA, 124 South Cruze St, Knoxville, TN, 37915 (NS,O,D)

Sun 7:00PM Together We Can, Central United Methodist, Lamar and 3rd, 201 East Third Avenue, Knoxville, TN, 37917 (NS,CL,D,O)

Sun 8:00PM SNL, 808 Sevier Ave, Knoxville, TN, 37920 (Spe)

Sun 11:00PM Nightshift, Recovery Center, 808 Sevier Avenue, Knoxville, TN, 37920

Mon 10:30AM Just For Today, Emerald Ave. United Methodist Church, 1620 N. Central St., Knoxville, TN, 37919 (D,B,O,NS) *No Children*

Mon 12:30PM Noon Thirty, Martin Chapel United Methodist Church, 1746 Ohio Ave., Knoxville, TN, 37921 (NS,O,D)

Mon 6:30PM NO NAME, First United Methodist Church, 3316 Kingston Pike, Knoxville, TN, 37919 (LT,C)

Mon 7:00PM Hugs Not Drugs, Emerald Ave. Methodist Church, 1629 N. Central St., Knoxville, TN, 37919 (NS,St)

Mon 7:30PM H.O.P.E., St. John's Cathedral, 413 W. Cumberland, Knoxville, TN, 37902 (O,B)

Mon 7:30PM Solutions R Us, Northside Christian Church, 4008 Tazewell Pike, Knoxville, TN, 37918 (NS,O,CW,D,H)

Tue 10:30AM Just For Today, Emerald Ave. United Methodist Church, 1620 N. Central St., Knoxville, TN, 37919 (O,D,B,NS) *No Children*

Tue 12:30PM Noon Thirty, Martin Chapel United Methodist Church, 1746 Ohio Ave., Knoxville, TN, 37921 (CW,NS)

Tue 5:30PM VOL Group, St. John Lutheran Church, 544 North Broadway St., Knoxville, TN, 37917 (O,NS,D)

Tue 7:30PM Hugs Not Drugs, Emerald Ave. Methodist Church, 1629 N. Central St., Knoxville, TN, 37919 (C,St,NS,D)

Tue 8:00PM Dopeless Hope Fiends, 3631 Western Ave, Knoxville, TN, 37921 (O,D)

Tue 8:00PM The Remedy, Recovery center, 808 Sevier Avenue, Knoxville, TN, 37920 (O,D)

Wed 10:30AM Just For Today, Emerald Ave. United Methodist Church, 1620 N. Central St., Knoxville, TN, 37919 (O,NS,D)

Wed 12:30PM Noon Thirty, Martin Chapel United Methodist Church, 1746 Ohio Ave., Knoxville, TN, 37921 (NS,CW)

Wed 7:00PM Together We Can, Central United Methodist, Lamar and 3rd, 201 East Third Avenue, Knoxville, TN, 37917 (CL,O,NS,D)

Wed 7:30PM LET GO GROUP OF NA, Faith Lutheran Church, 225 Jamestowne Blvd, Knoxville, TN, 37934 (O)

Wed 8:00PM Nickel and Dime, Bearden United Methodist Church, 4407 Sutherland Ave., Knoxville, TN, 37919 (C,NS,FD,H,D)

Wed 11:00PM Nightshift, Recovery center, 808 Sevier Avenue, Knoxville, TN, 37920

Thu 10:30AM Just For Today, Emerald Ave. United Methodist Church, 1620 N. Central St., Knoxville, TN, 37919 (O,D,NS)

Thu 12:30PM Noon Thirty, Martin Chapel United Methodist Church, 1746 Ohio Ave., Knoxville, TN, 37921 (NS,CW)

Thu 5:30PM VOL Group, St. John Lutheran Church, 544 North Broadway St., Knoxville, TN, 37917 (O,D,NS)

Thu 7:00PM Practical Application, St. James Episcopal, 1101 N. Broadway St., Knoxville, TN, 37917 (C,SW,GP,D)

Thu 7:30PM H.O.P.E., St. John's Cathedral, 413 W. Cumberland, Knoxville, TN, 37902 (O,RF,B)

Thu 7:30PM Hugs Not Drugs, Emerald Ave. Methodist Church, 1629 N. Central St., Knoxville, TN, 37919 (C,St,D,NS)

Thu 7:30PM Primary Purpose, St. Elizabeth's Episcopal Church, 110 Sugarwood Dr., Knoxville, TN, 37934 (CL,O,SP,NS)

Thu 8:00PM Dopeless Hope Fiends, 3631 Western Ave, Knoxville, TN, 37921 (O,D)

Fri 10:30AM Just For Today, Emerald Ave. United Methodist Church, 1620 N. Central St., Knoxville, TN, 37919 (NS,IW,BT,O,D)

Fri 12:30PM Noon Thirty, Martin Chapel United Methodist Church, 1746 Ohio Ave., Knoxville, TN, 37921 (CW,NS)

Fri 7:30PM Solutions R Us, Northside Christian Church, 4008 Tazewell Pike, Knoxville, TN, 37918 (NS,C,H,LC)

Fri 7:30PM Thank God for New Beginnings, St. John's Cathedral, 413 W Cumberland, Knoxville, TN, 37902 (D,O)

Fri 11:00PM Nightshift, Recovery Center, 808 Sevier Avenue, Knoxville, TN, 37920

Sat 10:30AM Just For Today, Emerald Ave. United Methodist Church, 1620 N. Central St., Knoxville, TN, 37919 (D,NS,O)

Sat 12:30PM Noon Thirty, Martin Chapel United Methodist Church, 1746 Ohio Ave., Knoxville, TN, 37921 (CW,NS)

Sat 6:30PM Hugs Not Drugs Literature Study, Emerald Ave Methodist Church, 1629 N Central St, Knoxville, TN, 37919 (BT,IW,NS,LT)

Sat 8:00PM Hugs Not Drugs, Emerald Ave. Methodist Church, 1629 N. Central St., Knoxville, TN, 37919 (C,St,NS,CL)

LAFOLLETTE

Sun 7:00PM HOPE, 300 West Beech Street, LaFollette, TN, 37766 (C,NS)

Mon 7:00PM HOPE, 300 West Beech Street, LaFollette, TN, 37766 (C,NS)

Tue 7:00PM HOPE, 300 West Beech Street, LaFollette, TN, 37766 (NS,C)

Fri 7:00PM HOPE, 300 West Beech Street, LaFollette, TN, 37766 (NS,C)

LAVERGNE

Tue 6:30PM Finding a New Way to Live, Graceway Church of Christ, 561 Old Nashville Hwy, LaVergne, TN, 37086 (O,D)

Fri 6:30PM Finding a New Way to Live, Graceway Church of Christ, 561 Old Nashville Hwy, LaVergne, TN, 37086 (O,D)

LA VERGNE

Sat 3:00PM The Victory Group, White Building to the Left of the House., 186 Old Nashville Highway, La Vergne, TN, 37086 (OE,C)

LEBANON

Mon 7:30PM Primary Purpose, Cumberland Presbyterian Church, 522 Castle Heights Ave., Lebanon, TN, 37087 (D,O)

Tue 8:00PM S.W.A.G, S.W.A.G. Recovery Services, 111 South Greenwood Street, Lebanon, TN, 37087 (D) *Doors open at 7:30p*

Thu 8:00PM S.W.A.G, S.W.A.G. Recovery Services, 111 South Greenwood Street, Lebanon, TN, 37087 (D) *Doors open at 7:30p*

Fri 7:30PM Primary Purpose, Cumberland Presbyterian Church, 522 Castle Heights Ave, Lebanon, TN, 37087 (D,O)

LENOIR CITY

Tue 7:00PM H.O.W. We Live, 111 Sharp Dr., Lenoir City, TN, 37771 (D,NS,O)

Fri 7:00PM H.O.W. We Live, 111 Sharp Dr., Lenoir City, TN, 37771 (O,D,NS)

LEWISBURG

Mon NOON High Steppers Group, Greater 1st Baptist Church, 512 6th Ave North, Lewisburg, TN, 37091 (H,O)

Tue 7:00PM High Steppers Group, Greater 1st Baptist Church, 512 6th Ave North, Lewisburg, TN, 37091 (O,H)

Wed NOON High Steppers Group, Greater 1st Baptist Church, 512 6th Ave North, Lewisburg, TN, 37091 (O,H)

Fri 7:00PM High Steppers Group, Greater 1st Baptist Church, 512 6th Ave North, Lewisburg, TN, 37091 (O,H)

Sat 7:00PM High Steppers Group, Greater 1st Baptist Church, 512 6th Ave North, Lewisburg, TN, 37091 (H,O)

LEXINGTON

Tue 7:00PM Survivors, Civic Center, 145 S Main Street, Lexington, TN, 38351 (C,D)

Thu 7:00PM Survivors, Civic Center, 145 S Main Street, Lexington, TN, 38351 (D,C)

Sat 7:00PM Survivors, Civic Center, 145 S Main Street, Lexington, TN, 38351 (BK,Spe,O,D)

LIVINGSTON

Tue 7:00PM Livingston NA Group, First United Methodist Church, 104 Roberts St., Livingston, TN, 38570 (H,O,NS,D)

Fri 7:00PM Livingston NA Group, First United Methodist Church, 104 Roberts St., Livingston, TN, 38570 (D,H,NS,O)

LORETTO

Tue 7:00PM We Are Set Free Group, 219 W. Commerce, Loretto, TN, 38469

Thu 7:00PM We Are Set Free Group, 219 W. Commerce, Loretto, TN, 38469

MADISON

Sun 1:00PM Sweet Surrender, City Roads United Methodist Church, 3rd Floor - Upstairs on the side, Madison, TN, 37115

Sun 6:45PM Hope Group, Serenity House, 102 Harris St, Madison, TN, 37115

Sun 7:30PM Just For Today, Madison Church of Christ, Benevolence Building, 106 Gallatin Pike, Madison, TN, 37115

Mon 7:00AM Early Birds, Serenity House, 102 Harris St., Madison, TN, 37115 (D,LT)

Mon NOON Sweet Surrender, City Road Chapel United Methodist Church, 3rd Floor - Side entrance, 701 Gallatin Rd. S., Madison, TN, 37115 (O)

Mon 6:45PM Hope Group, Serenity House, 102 Harris St, Madison, TN, 37115

Tue NOON Sweet Surrender, City Roads Chapel United Methodist Church, 3rd Floor - Side entrance, 701 Gallatin Rd S, Madison, TN, 37115

Tue 6:45PM Hope Group, Serenity House, 102 Harris St, Madison, TN, 37115

Tue 7:30PM Easy Does It, St. Luke's Cumberland Presbyterian Church, 901 West Old Hickory Blvd, Madison, TN, 37115

Tue 7:30PM Serenity House, Madison, 102 Harris Street, Madison, TN, 37115 (M,D,CL,B,Spe,LT,QA,YP)

Wed 7:00AM Early Birds, Serenity House, 102 Harris St., Madison, TN, 37115 (LT,D)

MADISON (CONT)

Wed NOON Sweet Surrender, City Roads United Methodist Church, 701 Gallatin Rd S, Madison, TN, 37115

Wed 6:45PM Hope Group, Serenity House, 102 Harris St, Madison, TN, 37115

Thu NOON Sweet Surrender, City Roads United Methodist Church, 701 Gallatin Rd S, Madison, TN, 37115

Thu 6:45PM Hope Group, Serenity House, 102 Harris St, Madison, TN, 37115

Thu 7:30PM We've Had Enough, Ascension Lutheran Church, 610 West Old Hickory Blvd, Madison, TN, 37115 (O,H,D)

Fri 7:00AM Early Birds, Serenity House, 102 Harris St., Madison, TN, 37115 (LT,D)

Fri NOON Sweet Surrender, City Roads United Methodist Church, 701 Gallatin Rd S, Madison, TN, 37115

Fri 6:45PM Hope Group, Serenity House, 102 Harris St, Madison, TN, 37115

Fri 7:30PM Easy Does It, St. Luke's Cumberland Presbyterian Church, 901 West Old Hickory Blvd, Madison, TN, 37115

Sat NOON Sweet Surrender, City Roads United Methodist Church, 701 Gallatin Rd S, Madison, TN, 37115

Sat 10:00PM Hope Group, Serenity House, 102 Harris St, Madison, TN, 37115

MANCHESTER

Sun 7:00PM New Way Of Life, 601 Madison St., Manchester, TN, 37355 (D)

Tue 7:00PM New Way Of Life, 601 Madison St., Manchester, TN, 37355 (D)

Thu 7:00PM New Way Of Life, 601 Madison St., Manchester, TN, 37355 (D)

Sat 7:00PM New Way Of Life, 601 Madison St., Manchester, TN, 37355 (D)

MAYNARDVILLE

Tue 6:30PM Keep it Simple, Millers Chapel United Methodist Church, 2719 Maynardville Hwy, Maynardville, TN, 37807

MCMINNVILLE

Mon 7:00PM Any Lengths, Centertown Presbyterian Church, 9980 Nashville Hwy, McMinnville, TN, 37110

Tue NOON Meeting At the Rock, First Baptist Church, 403 North Spring Street, McMinnville, TN, 37110 (D)

Thu NOON Meeting At the Rock, First Baptist Church, 403 North Spring Street, McMinnville, TN, 37110 (D)

Sat 6:00PM Recovery Is Possible, St Catherine's Catholic Church, 1024 Faulkner Springs Road, McMinnville, TN, 37110 (D,BK,O)

MEMPHIS

Sun 8:00AM You + Me = We, First Congregational Church, Rear entrance by playground. Red Hostel door. Ring doorbell on 12-Step sign, 1000 South Cooper, Memphis, TN, 38104 (NS,D,O)

Sun 2:00PM Lunch Bunch, The Commons, Enter on the north side of the bldg, downstairs in the basement, 258 N Merton St., Memphis, TN, 38112 (NS,D,O) *This meeting meets at 2:00 pm on Sundays due to church services*

Sun 8:00PM Primary Purpose, Grace St. Luke's Church, Enter west side of church, up the ramp, ring doorbell, 1720 Peabody Ave., Memphis, TN, 38104 (H,D,NS,O)

Mon 8:00AM You + Me = We, First Congregational Church, Rear entrance by playground. Red Hostel door. Ring doorbell on 12-Step sign, 1000 South Cooper, Memphis, TN, 38104 (O,D)

Mon 10:30AM Positive Awarness, First Congregational Church, Rear entrance by playground. Red Hostel door. Ring doorbell on 12-Step sign, 1000 South Cooper, Memphis, TN, 38104 (NS,O,D)

Mon NOON Lunch Bunch, The Commons, Enter on the north side of the bldg, downstairs in the basement, 258 N Merton St., Memphis, TN, 38112 (D,O,NS)

Mon 6:30PM Get Honest or Die, Second Baptist Church, Enter off Walnut Grove. 1st set of doors to left, push button for entry, 4680 Walnut Grove Road, Memphis, TN, 38117 (BK,IW,O,RF,NS)

Mon 8:30PM High on Life, Colonial Park United Methodist, White Building in the back of the church. Fireplace Room, 5330 Park Avenue, Memphis, TN, 38119 (NS,O,LT)

Tue 8:00AM You + Me = We, First Congregational Church, Rear entrance by playground. Red Hostel door. Ring doorbell on 12-Step sign, 1000 South Cooper, Memphis, TN, 38104 (D,O)

Tue NOON Lunch Bunch, The Commons, Enter on the north side of the bldg, downstairs in the basement, 258 N Merton St., Memphis, TN, 38112 (O,NS,D)

Tue 6:30PM Simplicity is the Key, 1750 Union Ave, Entrance on S. Evergreen St, Use elevator to 3rd floor. Room 303, Idelwild Presbyterian Church, Memphis, TN, 38104 (D,NS,O)

Tue 7:00PM Unity, S. Third St at Mitchell, 3356 S. Third St, Memphis, TN, 38109 (D,O)

Wed 8:00AM You + Me = We, First Congregational Church, Rear entrance by playground. Red Hostel door. Ring doorbell on 12-Step sign, 1000 South Cooper, Memphis, TN, 38104 (O,D,NS)