

THE TWELVE STEPS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

Meeting Format Legend			
C	Closed	JT	Just for Today
O	Open	O	Open

BLANDING

Mon 6:00PM Canyons of Serenity, 25 W. 300 S., Blanding, UT, 84511 (O,JT)

Thu 6:00PM Canyons of Serenity, 25 W. 300 S., Blanding, UT, 84511 (O,C,JT)

CEDAR CITY

Sun 10:00AM Sunday Morning Spiritual Round Robin, Southwest Behavioral Center, Room 208, 245 East 680 South, Cedar City, UT, 84720 (O)

Sun 8:00PM Dopeless Hope Fiends, Keep Coming Back Meeting Hall, 1067 S. Main St., Cedar City, UT, 84720 (O)

Mon 8:00PM Keep Coming Back, Keep Coming Back Meeting Hall, 1067 S. Main St., Cedar City, UT, 84720 (O)

Wed 8:00PM Living Clean at Cedar City, Keep Coming Back Meeting Hall, 1067 S. Main St., Cedar City, UT, 84720 (O)

Thu 8:00PM It Works How and Why, Keep Coming Back Meeting Hall, 1067 S. Main St., Cedar City, UT, 84720 (O)

Fri 8:00PM Live and Let Live, Keep Coming Back Meeting Hall, 1067 S. Main St., Cedar City, UT, 84720 (O)

HURRICANE

Sun 8:00PM Hurricane Meeting, Heritage Museum, basement, 36 South 330 West, Hurricane, UT, 84745 (O)

Thu 7:00PM NA Underground, Heritage Museum, basement, 35 W. State Street, Hurricane, UT, 84737 (O)

KANAB

Thu 6:30PM Cope without Dope, Legion Hut, 68 West 400 South, Kanab, UT, 84741 (O)

MOAB

Tue 7:00PM Archways to Recovery, Bank Basment, 330 S. Main St., Moab, UT, 84532

Fri 7:00PM Archways to Recovery, Bank Basement, 330 S. Main St., Moab, UT, 84532

MONTICELLO

Tue 6:30PM Happy, Joyous, Free, Hospital Administration Building, 380 W. 100 N, Monticello, UT (O)

RICHFIELD

Sun 6:30PM H.O.P.E - Hold On Pain Ends, Presbyterian Church, 56 East 200 South, Richfield, UT, 84701 (O)

Mon 6:30PM H.O.P.E - Hold On Pain Ends, Presbyterian Church, 56 East 200 South, Richfield, UT, 84701 (O)

Fri NOON Sisters of Hope, New Horizons Crisis Center, 145 East 100 North, Richfield, UT, 84701 (O)

Fri 6:30PM H.O.P.E - Hold On Pain Ends, Presbyterian Church, 56 East 200 South, Richfield, UT, 84701 (O)

SALINA

Sun 6:00PM Sunday Night Love and Light, Zion Bank, Basement, 155 W. Main St., Salina, UT, 84654 (O)

ST. GEORGE

Sun 10:00AM Men's Spiritual Meeting, Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 (O)

Sun 6:00PM Sunday Night Candlelight NA, Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 (O)

Mon NOON NA Rox, Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 (O)

Mon 6:00PM The Kiss Meeting, Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 (O)

Mon 8:00PM Circle of Hope, Slick Rock Park, 2395 E. Riverside Dr., St. George, UT, 84790 (O)

Tue NOON NA Rox, Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 (O)

Tue 6:00PM Living Clean the Journey Continues, Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 (O)

Tue 8:45PM We Unite On Tuesday Night, Grace Episcopal Church, 1072 East 900 South, St. George, UT, 84790 (O)

Wed NOON NA Rox, Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 (O)

Wed 6:00PM Recovery NA Rainbow, Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 (O)

Wed 8:00PM Circle of Hope, Slick Rock Park, 2395 E. Riverside Dr., St. George, UT, 84790 (O)

Thu NOON NA Rox, Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 (O)

Thu 6:00PM Living In the Moment, Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 (O)

Thu 8:15PM Never Alone Never Again, Switchpoint, 948 North 1300 West, St. George, UT, 84770 (O)

Fri NOON NA Rox, Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 (O)

Fri 7:30PM Newcomer Meeting, Southwest Behavioral Center, Room 208, 474 West 200 North, St. George, UT, 84770 (O)

Sat 10:00AM Circle of Sisters, Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 (O)

Sat 10:00AM Men's Meeting, Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 (O)

Sat 8:00PM Bridging the Gap, Dixie Alano Club, 559 North 1060 East, St. George, UT, 84770 (O)

THE TWELVE TRADITIONS

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.