



## THE TWELVE STEPS

1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.
2. We came to believe that a Power greater than ourselves could restore us to sanity.
3. We made a decision to turn our will and our lives over to the care of God as we understood Him.
4. We made a searching and fearless moral inventory of ourselves.
5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. We were entirely ready to have God remove all these defects of character.
7. We humbly asked Him to remove our shortcomings.
8. We made a list of all persons we had harmed and became willing to make amends to them all.
9. We made direct amends to such people wherever possible, except when to do so would injure them or others.
10. We continued to take personal inventory and when we were wrong promptly admitted it.
11. We sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as a result of these steps, we tried to carry this message to addicts, and to practice these principles in all our affairs.

## THE TWELVE TRADITIONS

1. Our common welfare should come first; personal recovery depends on NA unity.
2. For our group purpose there is but one ultimate authority— a loving God as He may express Himself in our group conscience. Our leaders are but trusted servants; they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each group should be autonomous except in matters affecting other groups or NA as a whole.
5. Each group has but one primary purpose—to carry the message to the addict who still suffers.
6. An NA group ought never endorse, finance, or lend the NA name to any related facility or outside enterprise, lest problems of money, property, or prestige divert us from our primary purpose.
7. Every NA group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our service centers may employ special workers.
9. NA, as such, ought never be organized, but we may create service boards or committees directly responsible to those they serve.
10. Narcotics Anonymous has no opinion on outside issues; hence the NA name ought never be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio, and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

## Meeting Format Legend

B	Beginners	BT	Basic Text
C	Closed	CS	Children under Supervision
D	Discussion	JT	Just for Today
LC	Living Clean	LGBTQI	LGBTQI
M	Men	NC	No Children
O	Open	SC	Spiritual Concepts
SD	Speaker/Discussion	SG	Step Working Guide
St	Step	W	Women
WC	Wheelchair		

## BASSEDEAN

**Sun 6:30PM Bassenclean**, Bassendean Public Library, 46 Old Perth Rd, Bassendean, WA, 6054 (St,SG,NC,D,C,SC)

## BATEMAN

**Fri 7:00AM Brekkie Wrap**, Oikos Church, cnr Bateman Rd & Admason Rd, Bateman, WA, 6150

## BUNBURY

**Mon 7:30PM Bunbury**, CWA Hall, next to bus station, 54 Wellington St, Bunbury, WA, 6230 (D,WC)

**Tue 7:30PM NA womens recovery**, Milligan House, 35 Milligan street, Bunbury, WA, 6230 (CS,SG,O,JT,BT,B,WC,W)

**Sat 5:00PM Bunbury**, CWA Hall, next to bus station, 54 Wellington St, Bunbury, WA, 6230 (D,CS,B,WC)

## COOLOONGUP

**Fri 7:30PM Rockingham Friday Night Live**, Westerly Family Centre, Corner Willmott Drive and Westerly Way, 27-29 Westerly Way, Cooloongup, WA, 6168 (D)

## EAST VICTORIA PARK

**Tue 7:00PM East Victoria Park Tue Candlelight Meeting**, Family & Community Centre, 248 Gloucester St, East Victoria Park, WA, 6101 (D)

## EATON

**Thu 7:30PM Eaton Thursday**, Eaton Family Centre, 10 Charterhouse Street, Eaton, WA, 6232

## FREMANTLE

**Mon 7:30PM Fremantle Mon STEPS**, Fremantle Hospital, Cafeteria, L Block, Alma St, Fremantle, WA, 6160 (O,WC,St,D)

**Sat NOON Fremantle Sat**, Church of Christ, 219 High Street, Fremantle, WA, 6160 (D)

## GERALDTON

**Mon 7:00PM Geraldton Mon Steps & Traditions**, Catholic Centre, corner of Cathedral Ave and Maitland St, 11 Maitland St, Geraldton, WA, 6530 (St,D)

**Wed 7:00PM Geraldton Wed Beginners Group**, Catholic Centre, corner of Cathedral Ave and Maitland St, 11 Maitland St, Geraldton, WA, 6530 (D,B)

**Sat 5:00PM Geraldton Beachie Group**, Next to Laundromat, 2A Fitzgerald st, Geraldton, WA, 6530 (LC)

## GOSNELLS

**Sun 4:00PM Roads to Recovery**, Real Life Church Gosnells, Entry off Lissiman street, 2209 Albany Hwy, Gosnells, WA, 6110 (D,O)

**Thu 7:00PM Gosnells Thu Recovery Meeting**, All Saint's Anglican Church Hall, Cnr Hicks and Dorothy st, 32 Dorothy Street, Gosnells, WA, 6110 (D)

## GREENFIELDS

**Mon NOON Empowering Women Mandurah**, Greenfields Community Centre, cnr Murdoch Drive & Waldron Blvd, Greenfields, WA, 6210 (CS,O,W)

## JOONDALUP

**Mon 7:30PM Joondalup Men's Meeting**, Joondalup Family Centre, 25 Jolstra Cres, Joondalup, WA, 6027 (D,C)

**Thu 7:30PM Go With The Flow**, Joondalup Family Centre, 25 Jolstra Crescent, Joondalup, WA, 6027

## JOONDANNA

**Tue 6:30PM Joondanna Tue Meditation Meeting**, St. Peter & Emmaus Church, corner of Green & Banksia Streets enter from rear carpark. Doors close at 6:35pm for Meditation. Doors re-open and meeting starts at 7pm, 56 Green Street, Joondanna, WA, 6060 (D,WC)

**Sat 5:30PM Steps and Traditions Sisters (Women's meeting)**, St. Peter & Emmaus Church, cnr Green & Banksia Sts enter from rear carpark, 56 Green st, Joondanna, WA, 6060 (O,D,WC,W)

## LEEDERVILLE

**Sun 10:00AM Rainbow Recovery**, YMCA HQ, 60A Frame Court, Leederville, WA, 6007 (C,LGBTQI)

**Sun 6:30PM Leederville Newcomers Sunday**, Leederville YMCA, 60A Frame Court, Leederville, WA, 6007 (B)

**Fri 7:00PM Friday Leederville Speaker meeting**, 40 Franklin Street, Leederville, WA, 6007 (SD)

## MANDURAH

**Sun 6:00PM Mandurah Men At Work**, Sutton Street Hall, corner of Sutton street and Gibson Street, Mandurah, WA, 6210 (C,NC,M)

**Tue 6:30PM Mandurah**, Greenfields Community Centre, cnr Murdoch Drive & Waldron Blvd, Mandurah, WA, 6210 (D)

## MANDURAH (CONT)

**Thu 6:30PM Thursday Mandurah - Basic Text Study**, Greenfields Community Centre,, cnr Murdoch Dr & Waldron Blvd, Mandurah, WA, 6210 (BT)

## MAYLANDS

**Thu 7:00PM Maylands Thurs Men's Meeting**, St. Luke's Church, Entrance at rear on George St, 2 Rowlands Street, Maylands, WA, 6051 (D,M) *Corner of Rowlands and George Sts*

**Sat 5:00PM Maylands Sat ID**, St. Lukes Church, entrance at rear on George st, 2 Rowlands Street, Maylands, WA, 6051 (D)

## MERRIWA

**Mon 6:00PM Merriwa Mon**, Salvation Army Merriwa Corps, 26 Jenolan Way, Merriwa, WA, 6030 (D,JT)

**Sat 10:00AM Saturday Merriwa Steps**, Salvation Army Merriwa Corps, 26 Jenolan Way, Merriwa, WA, 6030 (St)

## MIDLAND

**Wed 6:30PM MIDLAND Wednesday**, Midland Junction Lotteries House, 39 Helena St, Midland, WA, 6056 (C)

**Thu 6:30PM Thu Women's Meeting**, Midland Junction Lotteries House (cnr Great Eastern Hwy), 39 Helena St, Midland, WA, 6056 (CS,WC,W)

## NORANDA

**Sun 10:00AM Unity Meeting**, Noranda Family Centre, Garson Court & Forder Road, Noranda, WA, 6062 (CS,O)

## NORTH BEACH

**Wed 7:30PM North Beach Wed**, Anglican Church, Entrance on George St, 23 James Street, North Beach, WA, 6020 (D)

## NORTHBRIDGE

**Mon 7:00PM Monday Northbridge**, Beacon Centre, no children please, Cnr Nash st and Aberdeen st, Northbridge, WA, 6003 (C,NC)

## NORTH PERTH

**Mon NOON North Perth Lunchie**, Woodville Pavilion, red brick building in park, Corner of Namur Street and Fitzgerald Street, North Perth, WA, 6006 (O,D,CS)

**Tue NOON North Perth Lunchie**, Woodville Pavilion, red brick building in park, Corner of Namur Street and Fitzgerald Street, North Perth, WA, 6006 (D,CS,O)

**Wed NOON North Perth Lunchie**, Woodville Pavilion, red brick building in park, Corner of Namur Street and Fitzgerald Street, North Perth, WA, 6006 (D,CS,O)

**Thu NOON North Perth Lunchie**, Woodville Pavilion, red brick building in park, Corner of Namur Street and Fitzgerald Street, North Perth, WA, 6006 (D,CS,O)

**Fri NOON North Perth Lunchie**, Woodville Pavilion, red brick building in park, Corner of Namur Street and Fitzgerald Street, North Perth, WA, 6006 (D,CS,O)

## REDBANK

**Fri 7:30PM PORT HEDLAND Friday**, 26 Roche Road, Redbank, WA, 6721 (*between Port and South Hedland*).

## SCARBOROUGH

**Sun NOON Sunday Lunchie**, Scarborough Scout Hall, Cnr Bazaar Tce and Harvest Tce, Scarborough, WA, 6019 (CS,O,B)

## SUBIACO

**Sat 10:00AM Living Clean**, Tom Dadour Community Centre, closed meeting and no children please, 363 Bagot Rd, Subiaco, WA, 6008 (D,C,NC)

## WILLAGEE

**Wed 7:30PM Willagee Wed Just For Today**, Shopfront, entrance on horn pl, 88 Bawdan Street, Willagee, WA, 6156 (D,JT)